

LAUREA UNIVERSITY OF APPLIED SCIENCES

Degree Programme in Health Promotion, Leadership in Family Work and in Family Health Care (Laurea Ot, SYG409SJ)

Master's programmes

Koulutusohjelmakuvaus

Koulutus toteutetaan monimuoto - opetuksena, jolloin opiskelu tapahtuu työn ohessa perustuen yhteiseen sopimukseen työnantajan kanssa. Kaksipäiväiset lähijaksot pidetään noin kolmen viikon välein. Lähijakson pidetään vuorotellen Diakin Etelän Helsingin toimipaikassa ja Laurea Otaniemen toimipisteessä. Lähijaksojen välissä opetus ja oppiminen toteutetaan ryhmäkohtaisesti sovittuina pienryhmätapaamisina (kerran kuukaudessa), verkkopohjaisessa OPTIMAYmpäristössä sekä opiskelijoiden itseopiskeluna.

Lähiopetus antaa mahdollisuuden yhteistoiminnalliseen oppimiseen. Tällöin painotetaan opiskelijoiden omaa asiantuntijuutta. Opetuskeskustelut ja yksilö-, pari - ja tiimitöiden esitykset ovat oppimistilanteita, joissa moniammatillisen ryhmän ja opiskelijoiden työkokemuksen rikkaus pääsevät esille ja opiskelijoiden osaaminen ja kokemukset välittyvät ja kumuloituvat koko ryhmän oppimiseksi.

Koulutusohjelman kuvaus

Terveysten edistämisen koulutusohjelman johtaminen perhe- ja perhehoitotyössä opinnot 90 op muodostuvat syventävistä opinnoista, vapaasti valittavista opinnoista ja opinnäytetyöstä. Opintoteemat/ opintokokonaisuudet jakaantuvat opintojaksoihin. Syventävien opintojen tavoitteena on antaa opiskelijalle mahdollisuus syventää terveyden edistämisen ja perhe- ja perhehoitotyön johtamisen substanssi ja tutkimus- ja kehittämisosaamista. (7 a § 16.6.2005/423). Opinnoissa opinnäytetyö kehittämistehtävänä on keskeinen, johon koulutuksen syventävien ja valinnaisten opintojen on tarkoitus kytkeytyä opiskelijan henkilökohtaisen oppimissuunnitelman mukaisesti. Opintokokonaisuudet etenevät sisältöteemoittain ja integroituvat opinnäytetyössä tutkimus- ja kehittämistoimintaan. Opinnäytetyö on koko koulutuksen läpäisevä prosessi. Osa opinnoista on vapaasti valittavia opintoja henkilökohtaisen opetussuunnitelman mukaan. (Asetus 423/2005)

		1. year	2. year	3. year
OP	STUDIES			
0323	ETHICS AND SCIENTIFIC APPROACHES IN FAMILY WORK AND FAMILY HEALTH CARE AND IN LEADERSHIP OF IT			
0324	FAMILY WELFARE AND HEALTH PROMOTION			
01074	Promotion of the welfare and health of the family	5		
0325	RENEWING LEADERSHIP			
01075	Leadership and welfare of the work community	6	4	
01076	Ethics of leadership		5	
01077	Communication and interaction in the leadership	5		
0326	RESEARCH AND DEVELOPMENT			
01078	Research and Development Methods	4	1	
01079	Research and development in the promotion of the welfare and health of families	4	1	
125	ELECTIVE STUDIES			
01080	CRM Competence Methods in Diverse Operating Environments		5	
JAT14	THESIS AS A DEVELOPMENT PROJECT			
00415	Thesis	20	10	
01072	Ethics in family work and family health care	5		
01073	Scientific approaches in family work and family nursing	10		
		0	0	0

0323 ETHICS AND SCIENTIFIC APPROACHES IN FAMILY WORK AND FAMILY HEALTH CARE AND IN LEADERSHIP OF IT, 15 cr

0324 FAMILY WELFARE AND HEALTH PROMOTION, 5 cr

01074 Promotion of the welfare and health of the family, 5 cr

The student is able to:

- Analyse, apply and integrate information on the health and wellbeing of people of different ages with health-promoting activities
- Apply health promotion strategies on community, family, regional and national levels
- Forecast health impacts in a preventive way
- Function in management tasks in a way that promotes health

Contents of the study unit:

- Health promotion approaches and methods
- Forecasting methods in health promotion and welfare
- Social and health policy strategies and development programmes

Study unit description:

- Participatory work through face-to-face instruction and small group presentations, written assignments

0325 RENEWING LEADERSHIP, 20 cr

01075 Leadership and welfare of the work community, 10 cr

The student is able to:

- Participate in multidisciplinary organisations, work communities and networks in management tasks
- Evaluate the field of social services, health and the work of the church as a whole as well as its processes, and apply this knowledge to strategic decision-making
- Apply diverse competence management methods in work communities and organisations
- Develop structures and methods that support the welfare of a work community or organisation
- Improve the impact of activities by developing evidence-based practices for work, work communities and organisations
- Plan, implement and evaluate the economy of operating units in social service, health care and church organisations

Contents of the study unit:

- Strategic thinking, and the starting points and challenges of change management
- Management in work communities and organisations
- Self-management at work and in the work community
- Management that supports the welfare of a work community
- Supervision in work communities and organisations
- Competence management in a diverse work community
- Performance reviews and building a feedback culture in a work community
- Applicable legislation
- Financial management, economy of social services and health care in practice
- Management thinking in family health care

Study unit description:

- Participatory work through face-to-face instruction, assignments and presentations, workshops, management portfolio
- Participation in work supervision in student groups for the duration of the studies

01076 Ethics of leadership, 5 cr

The student is able to:

- Reflect on the values that steer their work and work community, and observe and solve ethical questions and problems in supervision and management work
- Possess self-motivation and motivate the work community and team to analyse ethical activities from the perspectives of employee, work community and society
- Be aware of their social responsibility, develop and evaluate ethically sustainable solutions from the perspectives of both individuals, organisation and society

Contents of the study unit:

- Management ethics and values - diversity management
- Fairness, equality and power in management
- Ethical activities and law in family health care management
- Ethical dimension of social responsibility
- Study group as work community development method

Study unit description:

- Participatory work through face-to-face instruction, reflection diary and dialogue exam, starting a study group at workplace

01077 Communication and interaction in the leadership, 5 cr

The student is able to:

- Act in diverse management situations requiring communication and interaction
- Listen and hear others
- Organise and create professional networks
- Understand the principles of group and team work, work with others in multidisciplinary teams and manage such teams
- Utilise information and communication technology in their work

Contents of the study unit:

- Personal communication skills (listening, speaking, reading, writing; information and communication technology competence)
- Network management and social media
- Day-to-day communication
- Communication in groups, teams and negotiations
- Communication in problematic work community situations ("sore spots")
- Orientation to community and mentoring
- Change communication
- Providing and receiving feedback
- Collaboration with media
- Managing, planning and developing a community's integrated communication (internal and external communication, monitoring and perception, and internal marketing)
- Monitoring, evaluating and developing communal communication

Study unit description:

- Literature, personal development plan, workshops offering creative methods and video recording

0326 RESEARCH AND DEVELOPMENT, 10 cr

01078 Research and Development Methods, 5 cr

The student is able to:

- Understand the significance of research and development in the welfare sector
- Manage the stages of project work and plan a project
- Understand the scientific-philosophical assumptions of research and development
- Use interviews, observation and surveys as information gathering methods
- Analyse qualitative and quantitative research materials appropriately
- Know the main principles of research writing
- Come up with development ideas and share them with others

Contents of the study unit:

- Project management
- Scientific-philosophical approaches
- Descriptive qualitative and quantitative research methods
- Research writing
- Creating a research proposal and poster
- Coming up with development ideas and innovations

Study unit description:

- Research literature workshop, online learning, written assignments, exam

01079 Research and development in the promotion of the welfare and health of families, 5 cr

The student is able to:

Evaluate their research and development competence
Identify, analyse and plan development needs
Select an appropriate strategy for a research and development project
Apply scientific knowledge in the research and development process
Draw up a theoretical framework for the R&D project
Implement suitable research and development methods and analyse the results
Critically evaluate information and activities and identify potential risks in R&D activities of the welfare sector
Assess the impact and significance of a project
Assess the status of health, welfare and measures as well as their impacts

Contents of the study unit:

- Action research
- Evaluation research
- Future studies
- Narrative approach

Study unit description:

- Lectures, small groups, written assignments, exam

125 ELECTIVE STUDIES, 10 cr

Description:

Students use elective studies to deepen and broaden their competence in various themes and generic competences. Students should choose study units to align the content of their studies with their own personal interests and career objectives.

Content:

Each curriculum contains a theme consisting of elective studies. In the students' personal study plans, the theme should be made up of the study units chosen by the student from Laurea's language studies, Laurea's shared studies or another degree programme's curriculum. Any studies completed at another higher education institution (university of applied sciences, university, Online University of Applied Sciences, foreign institution) that cannot be recognised for the degree programme but that the student wishes to include in the degree should be classified under this theme. The number of credits from elective studies can be set separately for each degree programme, taking into account recommendations for the field of study. The aim is to have at least 15 cr of elective studies in each degree programme

01080 CRM Competence Methods in Diverse Operating Environments , 5 cr

The student is able to:

yhdessä oppimisen ja opitun jakamisen erilaisissa asiantuntijayhteisöissä
-toimia erilaisissa vuorovaikutustilanteissa sekä osaa organisoida ja luoda ammatillisia verkostoja

Contents of the study unit:

sosiaali- ja terveysalalla käytettyjen työmenetelmien teoreettisten sekä käytännöllisten näkökulmien läpikäyntiä

JAT14 THESIS AS A DEVELOPMENT PROJECT, 30 cr

00415 Thesis, 30 cr

01072 Ethics in family work and family health care, 5 cr

The student is able to:

- Reflect and develop the values and attitudes that steer their own work as well as their sensitivity in observing ethical questions and problems in family work
- Analyse their ethical activities in their work with individuals, families and work communities
- As workplace developers, master the principles of ethical activities in family health care
- Take ethical responsibility in regional partner networks as social service and health care experts

Contents of the study unit:

- Values and attitudes
- Ethical activities in family health care
- Relationship of ethical theories towards family health care

- Ethics of fairness and caring in family health care

Study unit description:

- Participatory work through face-to-face instruction, online learning, reflection diary and dialogue exam

01073 Scientific approaches in family work and family nursing, 10 cr

The student is able to:

- Establish their activities on theoretical and scientific approaches in family health care
- Reflect on the role of family through various knowledge interests
- Function communally, taking into account different cultures and social changes in family health care
- See the resources of the customer and family as the starting point for health promotion activities
- Evaluate the impact of activities and develop evidence-based practices in the operating environments of family health care
- Establish their management activities on health promotion theory

Contents of the study unit:

- Scientific approaches in family health care
- Development theory, interaction and system theory as approaches
- Family health care concepts
- Internal and external structures and dynamics of a family
- Different cultures, communities and society as challenges for family health care
- Resource-orientation and empowerment in family health promotion (e.g. family centre work)
- Evaluation methods and evidence-based practices

Study unit description:

- Participatory work through face-to-face instruction, online learning, written assignments/exam