

LAUREA UNIVERSITY OF APPLIED SCIENCES
Degree Programme in Nursing (Laurea Otaniemi, sote), SHG13KT

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YY0 PREVIOUS STUDIES TO BE INCLUDED AS PART OF THE DEGREE, 140 cr

G021 INVESTIGATIVE AND DEVELOPMENTAL ACTOR, 5 cr

Description:

What does Learning by Developing mean in a research and development process?

Which tools are necessary?

How to communicate in a multicultural environment?

How do students participate as members of the work community and promote their own learning and welfare and that of their work community?

The student will be able to:

Evaluate and develop their competence and learning

- Participate as members of the work community, and promote its welfare
- Apply research and development methods as well as evidence-based knowledge in their activities
- Independently handle international communication and interaction in Finnish or Swedish as well as at least one other language

Content:

An investigative and developmental actor refers to students who are active and assume responsibility in teams and development and other projects. They apply various Learning by Developing tools and methods for producing new competence in nursing in multicultural environments.

G0067 Learning by Developing, 5 cr

The student is able to:

- Apply the tools and methods of the Learning by Developing model to their studies
- Draw up a personal study plan according to the curriculum
- Describe their role in research and development projects
- Work independently in various teams and share their competence with others
- Evaluate their competence and that of others, and develop on the basis of gained feedback
- Participate in Laurea's learning environment

Contents of the study unit:

- What tools and methods are used in Learning by Developing?
- How does an investigative and developmental learner function?
- How to create a professional growth portfolio?

Study unit description:

The Learning by Developing model (LbD) is Laurea's pedagogical, methodological operating model, which seeks to promote and generate new professional competence. The LbD model is built on a development project that is genuinely rooted in the world of work and which produces new practices.

Previous studies:

No previous studies

G002 PERSON AS A HOLISTIC BEING AND ENVIRONMENT, 11 cr

Description:

What are human beings as a whole?

Which methods promote health?

What are the main nursing interventions?

How to support environmental health with nursing interventions?

How to act in accordance with ethical principles?

The student will be able to:

Describe human beings as a whole

- Act in client-oriented ways
- Promote the health of individuals, groups and the environment
- Use the main nursing interventions and draw up documents
- Act in accordance with ethical principles in the field

Content:

Nursing adopts a holistic concept of humanity, which views people as a whole in their environment. The purpose is to support human and environmental health using nursing

G0012 Client Orientation, 1 cr**The student is able to:**

Describe humans as a whole

- Examine the phenomena relating to welfare customer relationships and service expertise
- Observe various customer encounters in a range of company or community activities
- Encounter customers
- Evaluate and develop their customer-oriented activity

Contents of the study unit:

How do human beings express themselves in a holistic way?

What is the basis for successful client work and how is this implemented?

Study unit description:

Client orientation in welfare activities and their development refers to a holistic encounter of client, which sees them as individuals, members of their community and, more broadly speaking, as members of a specific population group and the entire society. Customers are understood to be experts of their own lives. Issues and questions raised by the customer serve as the starting point for customer-oriented activities.

Previous studies:

No previous studies

G0013 Health - Promoting Environments, 4 cr**The student is able to:**

Recognise environmental factors that promote the health and welfare of people of different ages

- Describe welfare service systems as well as applicable legislation and ethical guidelines
- Administer first aid and promote environmental safety
- Apply the principles of sustainable development in their own activities on both an individual and communal level

Contents of the study unit:

What is the Finnish health care service system like?

What do health and welfare mean in Finland?

How to promote the health of customers of different ages?

How to administer first aid and act in emergencies?

How do illnesses develop and occur?

How to act in accordance with the principles of sustainable development?

Study unit description:

Health promotion constitutes protecting, maintaining and fostering human health using various measures. It includes increasing people's control over their own state of health and its background factors. Health promotion also involves preventing and treating illness and injuries. Environment refers to the internal and external environment of humans. The task of nursing is to promote environmental health and the safety of individuals, groups and communities of different ages.

Previous studies:

No previous studies

G0014 Nursing process and documentation, practice, 6 cr

The student is able to:

Describe the development stages of nursing

- Justify their actions in line with the values and ethical guidelines of nursing
- Plan, implement and evaluate customer-oriented nursing, and comply with the recommended documentation practices
- Master medical calculations
- Make use of multidisciplinary knowledge in nursing

Contents of the study unit:

How have nursing and nursing science developed?

How to assist people through nursing?

What is safe medication administration?

How to examine and assist patients using the methods of medical science?

How to document nursing?

Study unit description:

Nursing refers to activities that promote and sustain health, prevent diseases, and promote recovery and rehabilitation. The study unit familiarises students with the history and core concepts of nursing. Workshops and projects provide a chance to practice nursing intervention, asepsis, ergonomics, safe medication and documentation.

Previous studies:

Pass in initial mathematics test

G003 HEALTH PROMOTION IN NURSING CULTURES, 32 cr**Description:**

How to evaluate nursing ethics?

How to implement interaction and cooperation in nursing cultures?

How to implement patient assistance and support methods in nursing?

What is empowerment, and how is it implemented in nursing?

What is guidance and consultation in nursing, and how are these implemented?

What types of decision-making processes and models are used in nursing?

What types of decisions do nurses make independently?

The student will be able to:

Reflect on their ethical thinking and find ethically sustainable solutions for problem situations in health promotion

- Participate in professional interaction in client-oriented cooperation
- Participate in multidisciplinary communities and networks in domestic and international environments
- Plan, implement and evaluate care for patients in different nursing cultures
- Apply information from different fields of science
- Critically evaluate their decision-making in nursing

Content:

Nurses implement and develop nursing for individuals, families and communities, including promoting and sustaining health, preventing diseases, and fostering recovery and rehabilitation. They empower people and communities at different stages of life, and assist individuals in coping with sickness, disability and death. The theme develops the knowledge- and skill-based professional core competence of students in different nursing cultures. Evidence-based nursing requires problem-solving and decision-making skills, an understanding of holistic care and nursing interventions, and the correct implementation of medical care.

G0069 Nursing Ethics and Patient Safety, 1 cr**The student is able to:**

Examine ethical issues from the point of view of the society and the organisation

- Analyse and find solutions to ethical problems in patient safety
- Reflect on their ethical thinking and find ethically sustainable solutions for problem situations in health promotion and medication administration

Contents of the study unit:

What ethical questions are connected with patient safety?

What types of ethical competence do planning, implementing and evaluating medication administration require?

How to implement medication administration in a safe, correct and aseptic way?

How do the models and theories of health education steer health promotion and nursing ethics?

Study unit description:

The professional ethics of nursing refer to a coherent, systematic approach to what constitutes correct and good or incorrect and bad professional activities. This view has been presented in the field's ethical code (e.g. Ethical Guidelines of Nursing), which describes the ethical principles, guidelines and rules agreed by the professional community.

G0072 Examination, Monitoring and Treatment Methods I, 2 cr

The student is able to:

Describe the mechanisms of action of pharmaceutical substances

- Describe examination, monitoring and treatment methods
- Integrate and apply knowledge from medicine and other scientific fields with nursing

Contents of the study unit:

What are the mechanisms of action of pharmaceutical preparations?

Which examination, monitoring and treatment methods are used to treat medical, surgical and intensive care patients?

Study unit description:

The purpose of examination, monitoring and treatment methods is to promote the health of medical, surgical and intensive care patients.

Previous studies:

Students have completed the 1. year study units

G0076 Examination, Monitoring and Treatment Methods II, 1 cr

The student is able to:

Describe the examination, monitoring and treatment methods of obstetrics, gynaecology, paediatrics and geriatrics

- Integrate and apply knowledge in medicine and other sciences with nursing
- Implement medication administration in a safe, correct and aseptic way

Contents of the study unit:

Which research, monitoring and treatment methods are used for maternal, gynaecological and paediatric patients and in geriatrics?

How does nutrition and guidance promote the health?

Study unit description:

The purpose of examination, monitoring and treatment methods is to promote the health of expectant families, children and their families, and mental health patients.

Previous studies:

Previous Study Units

G0078 Guidance and Consultation, 3 cr

The student is able to:

- Plan, implement and evaluate individual and group client guidance
- Plan, implement and evaluate nursing care for patients living at home
- Guide clients and customers in using welfare services and IT- services
- Evaluate the need for supervision of work, and apply it in nursing environments

Contents of the study unit:

How to plan, implement and evaluate individual and group counselling?

How to promote client empowerment through guidance in home care?

Why is supervision of work necessary in nursing care?

Study unit description:

Guidance and consultation are nursing interventions designed to promote clients' self-care and continuity of care. The study unit examines guidance, consultation and supervision of work methods in different environments of social services and health care.

Previous studies:

1.-2. year study units

G0082 Decision-Making in Nursing, 5 cr**The student is able to:**

Describe the tasks of health care and their own areas of responsibility as a basis for decision-making

- Apply extensive, advanced information in nursing, which encompasses critical evaluation of theories, core concepts, methods and principles
- Demonstrate advanced professional skills
- Make the necessary decisions for solving complex or unexpected problems in nursing
- Justify and critically evaluate their decisions as nursing
- Present development targets for nursing
- Recognise and reflect on the future challenges of nursing

Contents of the study unit:

How is nursing expertise demonstrated?

How is expertise in medication administration implemented?

How to make independent decisions in nursing?

How to develop and impact nursingWhat future challenges does nursing face?

Study unit description:

Decision-making in nursing refers to the thought processes and operating models for finding, recognising and integrating relevant knowledge as a basis for decisions, identifying and prioritising the problems of patients, setting goals and choosing appropriate nursing interventions, justifying decisions and planning the evaluation of nursing care. Decision-making in nursing is linked with the autonomy of patients, according to which nursing staff must respect the patients' decisions concerning their treatment.

Previous studies:

Students have completed the previous studies

G0084 6. Professional Development in Practise in a Nursing Environment Chosen by the Student, 10 cr

The student is able to:

Demonstrate extensive competence in nursing

- Apply and critically evaluate information in nursing; theories, core concepts, methods and principles.
- Make decisions in complex or unexpected situations
- Justify and critically evaluate their decisions as nursing experts
- Generate new, creative practices for developing nursing
- Act as responsible team members and manage a team

Contents of the study unit:

How is nursing expertise demonstrated in the chosen nursing environment?

What types of professional decisions do nurses make?

How to identify and impact development targets in nursing?

How to manage a team in nursing?

Study unit description:

Students select their placement according their personal study plan. Supervised practice, self-evaluation, peer evaluation and evaluation by supervisors foster the professional development of students.

Previous studies:

Students have completed the previous studies

G0085 7. Professional Development in Practise in a Nursin Environment chosen by the Student, 10 cr

The student is able to:

Apply and critically evaluate information in nursing; theories, core con-cepts, methods and principles.

- Demonstrate extensive competence in nursing
- Make decisions in complex or unexpected situations
- Justify and critically evaluate their decisions as nursing
- Generate new, creative practices for developing nursing
- Act as responsible team members and manage a team

Contents of the study unit:

How is nursing expertise demonstrated in the chosen nursing environment?

What types of professional decisions do nurses?

How does the environment enable innovative activity?

How to manage a team?

Study unit description:

Students select their placement according to their personal study plan. Supervised practice, self-evaluation, peer evaluation and evaluation by supervisors foster the professional development of students.

Previous studies:

Students have completed the previous studies

G024 MANAGEMENT AND DEVELOPMENT IN WELFARE SERVICES, 17 cr**Description:**

How to develop welfare services?

How to establish a welfare company?

How to develop nursing through management?

How to develop the quality of nursing?

How to apply research and development methods in development projects?

The student will be able to:

Plan the business activities of welfare companies

- Find client/customer-oriented, sustainable, economically viable solutions
- Generate new competence and innovation in development projects
- Manage work and function independently in expert roles in project and work environments
- Implement a thesis within a research and development project, and complete the maturity test

Content:

Effective, client-oriented welfare services are developed through welfare service innovation and managing nursing.

G0091 Management and Development in Nursing, 2 cr**The student is able to:**

- Work independently in expert roles in nursing
- Recognize different kind of models in management
- Plan and organize nursing care
- Apply management and quality control methods in their work

Contents of the study unit:

What is good management?

How to manage nursing and nursing resources?

How to ensure the quality of nursing?

Study unit description:

Management and development in nursing is designed to provide the necessary resources and competence in nursing to produce high-quality services and develop the field.

G0087 Thesis, 15 cr**The student is able to:**

Outline the development task

- Construct the framework
- Search for and select theoretical knowledge as a background for the thesis
- Draw up and present a thesis plan
- Use selected research and development methods
- Progress systematically in the thesis process
- Implement the thesis as a research and development task
- Draw up a thesis report and present the thesis
- Demonstrate competence in the field of the thesis in the maturity test

Contents of the study unit:

How to choose the subject matter of the thesis?

How to construct the theoretical basis for the thesis?

How to draw up the thesis plan?

How to describe and justify the chosen research and development methods?

How to acquire and analyse the data?

How to evaluate the thesis process and results?

How to present the thesis in a way that arouses interest?

Study unit description:

Thesis form part of Laurea's research and development work. It helps student to grow professionally and it is linked to the employment sector and to regional development. Thesis is used to develop work and work practices, and can produce widely applicable innovations. It is based on a real-life development challenge. After drawing up the idea, student prepares a thesis plan through participating in workshops that support the process. Target-oriented activities and related results are recorded in the thesis report. The report is established on a theoretical and investigative analysis supported by workshops. The report is established on a theoretical and investigative analysis supported by workshops.

Previous studies:

Project Work

Research and Development Methods I

G005 ELECTIVE STUDIES, 15 cr

Description:

Teeman alle sijoitetaan ne opintojaksot, jotka opiskelija valitsee Laurean kieliopinnoista, Laurean yhteisistä opinnoista tai toisen koulutusohjelman opetussuunnitelmasta. Teeman alle sijoitetaan myös ne toisessa korkeakoulussa (toinen ammattikorkeakoulu, yliopisto, virtuaali-amk, ulkomainen korkeakoulu) suoritettut opinnot, joille ei löydy korvaavuutta koulutusohjelman opetussuunnitelmasta, mutta jotka opiskelija haluaa liittää tutkintoonsa.

G0158 Finnish Language, 5 cr