

LAUREA UNIVERSITY OF APPLIED SCIENCES

Degree Programme in Nursing (Laurea Lohja, sote), SHF14KA

INTRODUCTION TO LAUREA

Laurea's Mission

The strategic intent of Laurea University of Applied Sciences is to be "an international developer of well-being and competitiveness of the Helsinki Metropolitan area in 2020.

Laurea is a student-centred, international, inspiring and innovative university of applied sciences whose mission is to conduct education, research, development and innovation activities in international value networks following the operating model of Learning by Developing (LbD).

The students will encounter authentic workplace actors and their competence will be challenged during their studies. A student graduating from Laurea will be able to act in new situations, anticipate future trends, develop new operating models and examine the world with open eyes. Laurea's mission is to be an internationally networked university of applied sciences with an operating method that creates links between learning and the working life. This way, new competence will be produced and service innovations generated.

Competence Development

At Laurea our focus is on the student, emphasising the student's freedom and responsibility. The students are offered an opportunity to develop their competence as required by their professional goals. Freedom means that the learning outcomes may be achieved through different modes of studying. Responsibility means an active approach to studying, responsibility for your own choices and a constructive and motivated attitude towards doing things together. Laurea's staff is responsible for supporting and guiding the student's professional growth.

Internationality at Laurea means numerous opportunities for being active in various multicultural settings, developing your language skills, going on student exchanges and taking part in international research and development (R&D) projects.

Focus areas refer to areas of strong expertise on which the education offered by Laurea and Laurea's R&D activities are based. Laurea's focus areas are service business, expertise in nursing and coping at home as well as security, safety and social responsibility. Student entrepreneurship is a cross-cutting focus area, which is visible in Laurea's activities not only as an entrepreneurial attitude and cooperation with companies but also as concrete new businesses that the students may set up even before completing their studies.

Laurea produces experts for the future who can develop their own work, are professionally committed and have capabilities for serving in expert tasks in their own fields.

The education aims for an extensive and strong professional competence. Workplace driven projects also develop management competence, communication skills, creativity and ethical competence. The graduates will have capabilities for following and promoting the development of their professional fields and for continuous improvement of their personal professional competence. The education imparts the students adequate communication and linguistic skills for tasks in their fields as well as for international activities and cooperation.

Campuses

All of Laurea's campuses have their unique profiles, and they offer different learning environments:

The Hyvinkää campus specialises in the renewal of welfare services. The campus has a multi professional approach to developing financial, legal, social and health-related competence. You can study for a Bachelor's degree in Health Care (nurse), Social Services or Business Administration. Your studies will offer you opportunities to develop services in workplace projects together with working life specialists. The campus makes use of such development environments as a simulation hospital, simulation classrooms and a project learning environment in the provision of

education.

In Kerava you can choose a degree programme in Business Management or Business Information Technology. You can specialise in the management of customer-oriented service business, study tourism management or develop specialist competence in business information technology. The Kerava campus plays a pioneering role in both blended learning and virtual education. Learning through projects and acting in an international network of partners will be a standard part of your studies in Kerava.

Leppävaara SID focuses on service renewal. SID stands for Service Innovation and Design, which means user-centered innovation, development and design of services. Laurea SID provides a setting for active learning and turns out graduates who are innovative, internationally oriented and development-focused specialists of service business. In Leppävaara, you can study for a degree in Hospitality Management, Business Management, Business Information Technology or Security Management.

The Lohja campus is profiled as a developer of wellbeing and services. In the Bachelor of Health Care degree programme, nursing of adults and mental health work are emphasised. In the degree programme in business administration, you can focus on marketing, eBusiness, management and wellbeing business. Authentic workplace projects are carried out, and private and public sector services are developed, in such learning environments as Terveystori ('Health Market') and Yrityslabra ('Business Lab').

On the Otaniemi campus, students generate welfare and business competence together with working life actors. The campus is a multicultural and multidisciplinary meeting point where you can build yourself a professional network and study for a Bachelor's degree in Health Care (physiotherapist, nurse, public health nurse), Social Services, or Business Administration. The purpose of this network is to support the development of your competence and to generate new services, products and business. You may also launch your own business as part of your studies.

On the Porvoo campus, students of nursing take part in authentic workplace projects. You will build up strong basic capabilities in wellbeing entrepreneurship and work together with companies of this field during your studies. You will be offered opportunities for virtual study in the form of inspiring, up-to-date and versatile online implementations.

The aim of the Tikkurila campus is to promote future welfare. Its goal is to develop services in a participatory process with customers and to boost welfare. In Tikkurila, you can study for a Bachelor's degree in Health Care (nurse, public health nurse), Social Services (social welfare sector or correctional services), Business Administration or Beauty Care. As a student you will have opportunities for building up your competence in various development projects and learning environments together with working life specialists.

LEARNING BY DEVELOPING (LbD)

Laurea's inspiring and innovative learning environments are based on the model of Learning by Developing. The idea of Learning by Developing is built around authentic encounters with the working life. The ensuing cooperation is based on trust and creativity.

The students learn to identify targets for workplace and competence development, to create new solutions, products and operating models and to develop their own action in observance of changing workplace requirements. The typical characteristics of LbD include authenticity, partnership, experiential nature, creativity and a research-oriented approach.

Learning by Developing combines learning that produces competence with creativity through various research and development projects. Learning builds on new opportunities that open up as the project progresses. The required competence is accumulated through practical activities in various workshops and labs.

DEGREE STRUCTURE IN EDUCATION LEADING TO A UNIVERSITY OF APPLIED SCIENCES DEGREE

Scope and Extent of the Degree

The scope of a Bachelor's degree in Business Administration, Hospitality Management, Beauty Care, and Health Care (physiotherapist, nurse) is 210 credits, and it takes on average 3.5 years to complete. The scope of a Bachelor's degree programme in Health Care (public health nurse) is 240 credits, and it takes on average 4 years to

complete.

In line with the international ECTS standard, one credit corresponds with 26.7 hours of work for an average student.

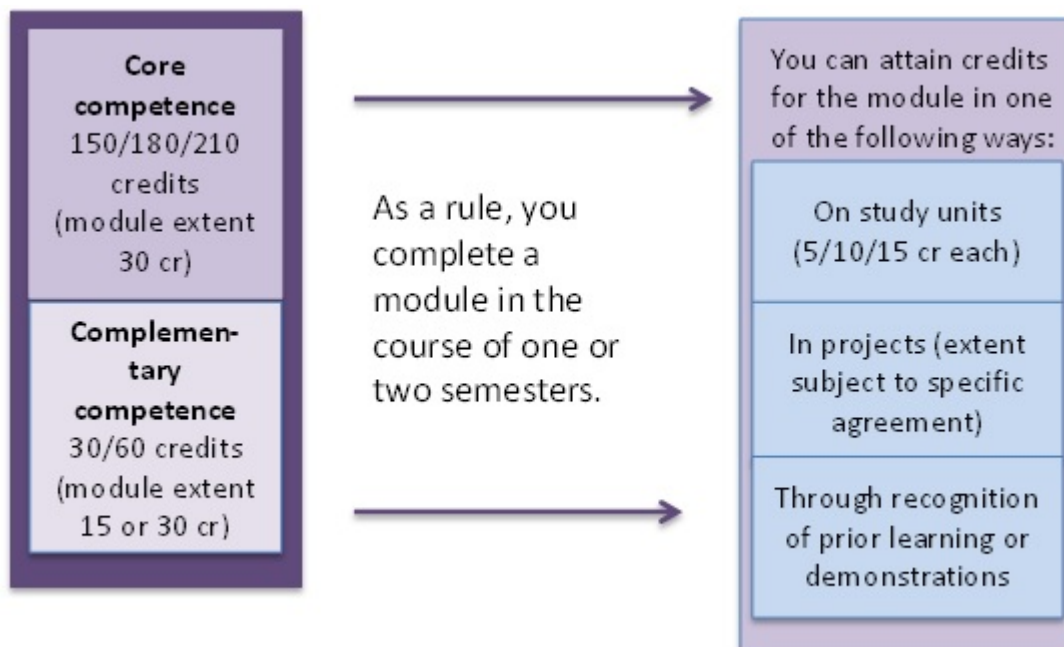
Degree Structure

The degree studies at Laurea consists of core competence and complementary competence modules. The modules comprise competence areas that are part of the degree. Core competence modules impart competence that is part of the degree's compulsory requirements. Complementary modules make it possible to deepen or extend your knowledge.

Learning is made relevant to workplace development and the student's personal goals. The learning outcomes specified for the modules build on future workplace needs and Laurea's focus areas.

In practice, credits are attained when the student complete study units that are part of the module or engage in projects in which the corresponding competence area is develop (see picture 1). Credits can also be gained through recognition of prior learning or demonstrations.

The modules have been designed so that they can mainly be completed in the course of one or two semesters. Study units can be implemented either in Finnish or in English. The language of the implementation is decided for each semester and is visible in the study unit offer.



Picture 1. Structure of the studies.

Core Competence and Complementary Competence Modules

Core competence modules lay the foundation for the competence required for a degree and are compulsory. The scope of the core competence varies depending on the degree:

- 150 credits for a Bachelor of Business Administration, a Bachelor of Hospitality Management, a Bachelor of Social Services, a Bachelor of Health Care (physiotherapist) and a Bachelor of Beauty Care degree
- 180 credits for a Bachelor of Health Care degree (nurse)
- 210 credits for a Bachelor of Health Care degree (public health nurse)

The scope of **core competence modules** is 30 credits. The modules contain the following types of studies: basic studies, professional studies, practical studies and a Bachelor's thesis.

The remaining part of the degree consists of **complementary competence modules**. Depending on the degree, the scope of the complementary competence thus is 30 or 60 credits. The scope of a module is either 15 or 30 credits. The modules can be freely selected. Complementary competence modules support individual study paths and competence. You can include in your degree complementary competence modules that are compatible with your professional goals. The compatibility of the elective studies with your degree will be subject to prior agreement with your teacher tutor.

Complementary modules include the following types of studies: professional studies, practical studies and elective studies.

Flexible Possibilities for Completing Attainments and Specialising

At Laurea, there are flexible possibilities of building up the competence specified in the modules' learning outcomes. For example, the student can

- select core competence studies offered on Laurea's different campuses
- select complementary competence modules that support your professional goals in Laurea's various units
- select English study units from Laurea's offer of English education, even if you are studying in Finnish education,
- select Finnish study units from Laurea's offer of Finnish education, even if you are studying in an English education.
- select study units taught in Finnish from Laurea's offer of Finnish education
- include in your degree studies selected from the offer of the FUAS Federation, or HAMK University of Applied Sciences and Lahti university of Applied Sciences, without paying fees
- select online studies that give you more flexibility in your study schedules, and
- develop your competence by taking part in projects.

The study unit implementation plans specify the objectives, content and implementation form of the studies.

The development of a student's individual competence is also supported by campus modules, the contents of which emphasise the special competence areas of the campuses. In addition, you can deepen or extend your competence by your selections of complementary competence modules, placements and the theme of your thesis, and by participating in various projects. Career guidance will be provided to support a student on his or her study path.

ASSESSMENT OF LEARNING AND COMPETENCE

In the curriculum, the learning outcomes are described as the learner's actions, so that the development of competence can be assessed with reference to the set goals. Competence is identified as knowledge, skills and values related competence as well as experiential competence that includes the competence of an individual and a community. The competence descriptions in the curriculum draw on Bloom's taxonomy, where the development of competence is described at six different levels: knowledge, comprehension, application, analysis, synthesis and evaluation/creativity.

Following Laurea's LbD model, it is expected that the learner's competence will develop from the level of application to the level of creativity in the course of the education. Laurea's description of shared general criteria for workplace competence is based on the National Quality Framework. General workplace competence develops as the students complete modules and study units and participate in projects.

Table 1. Shared criteria for generic working life competence at Laurea

Description of competence	Learning outcome	Examples
REFLECTION COMPETENCE <i>learning skills (EQF)</i>	• is able to solve problems associated with his/her role, operating methods and competence in a goal-oriented manner to reach a target	

Assessment and development of the learner's personal competence and that of others in order to achieve the learning outcomes		- changes his/her operating methods and role, and develops his/her competence as the development process progresses in order to reach the objectives and the goal set for the project. - brings up the views put forward by experts that he/she appreciates as the project progresses
	is able to analyse the implemented operating methods and the actors' competence and, based on this analysis, is able to draw conclusions together with other actors in order to achieve a shared goal	in a goal-oriented manner, compares different perspectives together with other project actors
	is able to compare and develop the operating methods of various actors, the set objectives and goal and the entire process, and to create a new operating model	models a development project as a whole from the perspective of impact

ETHICAL COMPETENCE	- is able to follow the principles of equality and fairness - is able to apply the underpinning values and principles of vocational ethics typical of his/her field to his/her actions - is able to apply the principles of sustainable development (environmental, social and financial responsibility) - acts as a responsible global citizen	- follows the agreed operating methods - is considerate to others, gives space to other people's ideas and listens - complies with the rules (including schedules), is committed to work, is careful, reliable and fair, respects the work of others, shows discretion and behaves appropriately in each situation - understands that local actions may also have international impacts and vice versa
	- accepts responsibility for his/her own actions - accepts responsibility for the actions of the group	- recognizes conflicts associated with choices - compares and takes into consideration different viewpoints, is able to let go of selfish needs in order to achieve a common good - shows appreciation for the work and outputs of others, for example by citing the original sources
	draws on his/her competence to have an impact in society (LbD regional development)	designs/develops customer-oriented and sustainable solutions including a financial, social and environmental aspect

COMMUNICATION COMPETENCE		observes the communication requirements and capacities of the project
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(IN WORK COMMUNITY) <i>The student is able to act appropriately in various work-related communication and interactive situations: the student uses diverse communication channels in various situations, exchanges messages and maintains interaction with others.</i>	• is able to communicate appropriately in interactive situations of the work community and communicate in inter-cultural situations	• by his/her personal action, promotes a constructive atmosphere (appropriate, constructive criticism) • values, listens to and respects different communicators and cultures and linguistic diversity • applies his/her communication competence to different people • communicates in a foreign language • uses ICT in his/her tasks
	• is able to communicate responsibly as part of a multi-disciplinary work community / network • is able to organise communications in a work community • is able to evaluate communication competence needed in multicultural cooperation • is able to evaluate the impacts and possibilities of internationalisation development	• communicates to promote well-being in the community • acts as an active and goal-oriented partner in cooperation and networks globally • shares information and takes initiative in disseminating information on the project's progress using various communication channels • finds solutions to communication challenges • constructs and organises network partnerships in cooperation with project actors
	• is able to renew communication modes • is able to direct communications • is able to develop working life connections and networks • is able to have an impact in society by communicating about project outcomes	• has the courage to challenge him/herself and others to act • tolerates uncertainty, incompleteness and the possibility of failing in communication situations • acts professionally, interprets and controls emotions in critical interactive situations • builds and develops online partnerships independently • uses renewing modes of communication

INNOVATION COMPETENCE	• is able to identify elements needing change in working life / a project • is able to use appropriate project and R&D methods • is able to apply a development-oriented work approach in an RDI project	• obtains and processes knowledge in his/her field in relation to the RDI project • brings up practicable development ideas emerging from the project
	• is able to organise an RDI project • is able to analyse and interpret an innovation process applying existing international knowledge	• documents and reports: describes knowledge or operating methods that renew working life in line with the project targets • brings up international standards and practices relevant to the field and follows them

		has the courage for constructive questioning
	is able to create new working methods by using creative problem-solving and finds customer-oriented, sustainable and cost-effective solutions	- suggests and implements solutions bravely and creatively, justifies his/her point of view - has visions of future (foresight, ability to also see the past) - is creative

MANAGEMENT COMPETENCE Management comprises goal-oriented, interactive social activity. Management guides the way people act. The aim of management is that a group of people will work better and more efficiently than without management	is able to draw on the basics of management and entrepreneurial operation as part of project work	- recognizes his/her role in order to manage his/her own actions in the project - identifies the goals of the project and sets goals for him/herself
	- is able to lead a development project as a Project Manager - is able to promote a communal spirit among those participating in a development project by personal example	- draws up a project plan (legal and financial aspects) - communicates about decisions and project changes, solves communication and interaction problems - plans and implements a budget - organises project activities and allocates responsibilities and tasks to actors - supports the actors' development as Project Manager - makes decisions in unexpected situations - identifies risks and takes steps to find a solution - monitors and evaluates the project in comparison to the plan
	- is capable of proactive management - is able to generalise management competence produced in a development project in working life development	- has visions of future - renews management culture

Study units are graded on a scale of 0 to 5, as follows:

5 (Excellent),
 4 (Good),
 3 (Good),
 2 (Satisfactory),
 1 (Satisfactory) and
 0 (Fail).

Some study units, study unit elements or parts can also be graded simply as Pass/Fail (H/0).

The students will be informed of the criteria for assessing competence at the beginning of each study unit/project. In

the planning of the assessment, shared assessment criteria applicable to initial stage and graduation stage students are utilised, with shared descriptions for levels 1, 3 and 5.

Table 2. Shared assessment criteria for initial stage and graduation stage students

BACHELOR'S DEGREE	INITIAL STAGE STUDENTS	GRADUATION STAGE STUDENTS
EXCELLENT grade 5 Students are able to:	• Apply professional concepts expertly. • Comply with occupational safety instructions responsibly and independently. • Justify activities using research knowledge. • Work independently and take initiatives in line with objectives. Operations are often flexible, systematic, development-oriented, creative and active. • Select the appropriate techniques and models for activities, and justify the choices. • Act in customer-oriented ways and according to the situation. • Promote group activities. • Able to critically apply ethical principles in the subject field in one's conduct and tasks.	• Apply professional concepts expertly and extensively, and manage the big picture. • Develop occupational safety of their operating environment. • Develop operating methods by comparing, combining and selecting research knowledge. • Work independently and innovatively in line with objectives. Activities are mostly creative, focused on developing the workplace and distinctly professional. • Select, combine and develop appropriate techniques and models for activities. • Take initiatives and act responsibly in customer relations, and understand the meaning of customer relationships for the big picture. • Develop and renew activities of multidisciplinary teams. • Critically apply ethical principles in the subject field in complex and unanticipated situations.
GOOD grade 3 Students are able to:	• Apply professional concepts systematically. • Apply occupational safety instructions in their activities. • Justify, compare and analyse their activities using general guidelines. • Able to cope independently in different tasks in each operating environment. • Apply acquired techniques and models diversely. • Act professionally in customer situations. • Work in a group in line with objectives. • Justify their activities in accordance with ethical principles..	• Apply professional concepts expertly. • Take care of occupational safety for themselves and the work community, and perceive development objects. • Select methods of operation in accordance with research knowledge and guidelines. • Work systematically and critically in line with objectives in complex situations. Operations are often flexible, systematic, creative and active. • Select the appropriate techniques and models for activities, and justify the choices. • Prioritise and maintain customer relationships. • Promote group activities. • Critically apply ethical principles in the subject field in one's conduct and tasks.

SATISFACTORY, grade 1 Students are able to:	• Apply most important/individual and appropriate professional concepts, and indicate their familiarity with the knowledge base. • Act safely, although activities are often schematic/ experimental/ fumbling/ self-involved. • Comply with rules and instructions, and justify their activities using provided instructions. • Act appropriately under guidance. • Use acquired techniques and models. • Take customers into account in their actions. • Act as group members. • Act in accordance with ethical principles.	• Apply professional concepts systematically. • Comply with occupational safety instructions responsibly and independently. • Justify and analyse their activities using general guidelines and in accordance with evidence-based information. • Act professionally and responsibly in unanticipated customer and problem situations. • Work independently in different tasks in each operating environment. • Apply acquired techniques and models diversely. • Act in customer-oriented ways and according to the situation, and understand customer needs. • Work in a group in line with objectives. • Act and justify their activities in accordance with ethical principles.
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The assessments draw on the students' self and peer assessments and the assessments of employer representatives. The students can also avail themselves of recognition of prior learning (RPL). Assessment helps the students to monitor the development of their competence and the achievement of their personal goals in relation to the competence requirements set for the degree.

INTERNATIONAL COMPARABILITY OF THE DEGREE

Competence is at the centre of all activities at Laurea, and we recognize competence in a comprehensive sense. General working life capabilities specified at the national level and defined in greater detail at Laurea have been taken into account in the degree contents.

The level of the degree corresponds with level 6 of the National Qualifications Framework (NQF) and level 6 of the European Qualifications Framework (EQF).

In the curriculum, the learning outcomes of a study unit are described for level 3, good skills, on the assessment scale (1-5).

CURRICULUM DEVELOPMENT

The curriculum is developed by using evaluation, monitoring and feedback data. Changes may occur in the study units and implementation modes of the modules. The offering of the complementary modules is constantly under development to match the requirements of the working life and thus the offering may change during the studies.

		1. year	2. year	3. year	4. year
OP	STUDIES	35	80	95	
0358	THE ADULT LEARNER IN THE UNIVERSITY OF APPLIED SCIENCES				
01189	Self development in the University of Applied Sciences	5			
01190	Theoretical background for instruction and development, R&D	10			
01191	Basic anatomy and physiology of the human body, First Aid	5			
01192	Enhancing professionalism: Practical training, basic care know-how, R&D	10			
01193	Nursing ethics and know-how	5			
00189	Preparatory Studies in Mathematics	3			
0359	THE ADULT LEARNER AS A NURSE				
01194	Nursing English		5		
00194	Preparatory Studies in English		3		
01195	Internal Medicine Nursing		5		
01196	Surgical nursing, medical care		10		
01197	Promoting family well-being		5		
01198	Neurological nursing and long-term patient care		10		
01199	Mental health nursing and casualty care know-how		10		
01200	Enhancing professionalism - Practical training (surgical nursing and family care),		15		
01201	Enhancing professionalism - Practical training (mental health care and internal medicine)		15		
01203	Enhancing professionalism - Practical training, R&D (project practise)		5		
00195	Preparatory Studies in Swedish		3		
0360	THE ADULT LEARNER WORKING AS A COMMUNITY NURSE				
01204	Enhancing professionalism - Practical training (home care)			5	
01205	Nursing Swedish			5	
00635	Written skills in Swedish			0	
00634	Oral skills in Swedish			0	
01206	Finnish language			5	
00637	Oral skills in Finnish			0	
00636	Written skills in Finnish			0	
01207	Independent reception work, knowledge when promoting health and well-being		5		
01208	Welfare entrepreneurship and developing services R & D		5		
01209	Enhancing professionalism - Practical training, (Developing Service innovation), R&D			5	
01210	Research and developing know-how integrated in Bachelors Thesis			5	
00043	Thesis			15	

0361	ADULT LEARNER AS AN ACTIVE DEVELOPER WITHIN NURSING WORK				
01212	Leadership in Nursing			5	
01213	Intensive Studies in Nursing			10	
01214	Enhancing professionalism - Practical training, advanced level (outpatient or paramedical care)			10	
01215	Enhancing professionalism - Practical training, advanced level			10	
125	ELECTIVE STUDIES				
00202	Initial Test in English Skills	0			
00203	Initial Test in Swedish Skills	0			
00397	Initial Test in Mathematics	0			
		35	80	95	0

0358 THE ADULT LEARNER IN THE UNIVERSITY OF APPLIED SCIENCES, 35 cr

Description:

During this theme the learner acquires knowledge which needed in lifelong learning as well as knowledge which is needed in the challenging and developing nursing work. The aim is to assume both ethical and philosophical principles in nursing practise. During the theme the student executes a small-scale developing project which includes the theme's study modules. Some modules may include optional parts in foreign languages.

01189 Self development in the University of Applied Sciences, 5 cr

The student is able to:

The student knows how to act as a member in his/her own study community and understands the challenges and possibilities when studying at a university. The student has a vision of the education sector he/ she has chosen, the possibilities provided by the sector as well as knowledge of the internationalisation possibilities.

Upon completion, the students comprehend ways of managing their studies and study practises. The student understands to take responsibility of his/her own studies, assets, and knows how to develop them. The student knows the curriculum and is able to independently make the relevant choices for his education and career as well as make a study plan.

The student knows how to actively use the information and instruction services. The student knows how to use library services and information networks when searching for information and comprehends the basics when studying online.

Contents of the study unit:

This module provides the student with a knowledge which is essential when studying at the University of Applied Sciences as well as with the basics of working life and communication skills when working as a network professional.

01190 Theoretical background for instruction and development, R&D, 10 cr

The student is able to:

The student knows how to apply the method based on research and development when working with patients with different background and cultures. The student understands the meaning of nursing professionalism for his/her own professional growth. The student is able to design, organise and develop different safe working methods in his/her working community and knows how to remove the health and safety risks. The student understands that safety provides a healthy base for quality professionalism. The student knows how to improve health and safety practises in such a way that health promotion for both individuals and communities will be ensured.

The student knows how to follow the vital regulations and guidelines promoting health and safety on a national and international level in his /her work. Students follow the ethical values both on the personal level as well as values applied by the working community.

Contents of the study unit:

The student acquires knowledge of the theoretical background in health and safety, when practising nursing which is based on development, supervision and demonstration. The module trains the student to exhibit competencies in critical thinking, instructing, as well as applying a working method based on research and development. During the module the student observes and evaluates the probability of different risks which may confront the patient / employee in the ever-changing working life situations.

01191 Basic anatomy and physiology of the human body, First Aid, 5 cr

The student is able to:

The student knows how to apply the basic knowledge of anatomy and physiology as well as micro biology into practical nursing. Upon completion, the student comprehends the basic first aid skills.

Contents of the study unit:

The module consists of the basics of the anatomy and physiology as well as micro biology.

01192 Enhancing professionalism: Practical training, basic care know-how, R&D, 10 cr**The student is able to:**

The student will recognise the needs of people of different age and people / families with different background and cultures. She/he knows how to act when promoting health and well-being for his/her clients and their environment. The student follows the ethical values for nursing and is able to apply these principles to work. The student knows how to act in multi-professional groups when promoting the clients' well-being and knows how to plan, implement, and evaluate the care work. The student also comprehends the monitoring processes.

A possibility to implement the module through international collaboration will be created.

Contents of the study unit:

The students revise and deepen their skills in basic care knowledge both on a theoretical as well as practical level. They acquire skills in process care and care monitoring.

01193 Nursing ethics and know-how, 5 cr**The student is able to:**

The student knows how to take the ethical concepts and principles into account when practising nursing. The student acts in an ethical way and takes responsibility in medical care. She/he recognises the probability of risks and uses this knowledge when developing his/her work.

A possibility to implement the module through international collaboration will be created.

Contents of the study unit:

The ethical concepts and principles in nursing.

00189 Preparatory Studies in Mathematics, 3 cr**The student is able to:**

- demonstrate the basic skills of mathematical applications required by his / her field of study

Contents of the study unit:

- recapitulation of upper secondary school mathematics

Study unit description:

Student practices his / her mathematic skills and develops preparedness to complete studies in mathematical applications within the main courses.

0359 THE ADULT LEARNER AS A NURSE, 80 cr**Description:**

During the theme the learner acquires skills in basic care when meeting both health and ill clients. Students apply the customer-based principles to nursing work and deepen their knowledge of basic care.

During the adult learner as a nurse-theme the student also takes the substance studies (as described in R&D-project). Some modules may include optional parts in foreign languages.

The student will be able to:

The student is able to plan, implement and evaluate the patient care according to the decision making process and

delivers medical care in a safe and qualitative way. The student takes the cultural background of a patient/ client and working community into account when practising nursing.

01194 Nursing English, 5 cr

The student is able to:

Upon completion the student comprehends the core glossary which is needed when practising nursing in basic care situations, through basic care methods and when monitoring care. The students are able to communicate with the clients, colleagues, and their managers.

The student is able to use English source literature and recognises the vital concepts of nursing and is able to discuss them in English.

Contents of the study unit:

English-speaking working environment and essential concepts and core glossary of nursing.

00194 Preparatory Studies in English, 3 cr

The student is able to:

- master basic English vocabulary and grammar
- use various methods for improving their language skills

Contents of the study unit:

- main structures of the English language
- basic English vocabulary

Study unit description:

Students improve their skills in communicating in English as preparation for completing actual studies in the language.

01195 Internal Medicine Nursing, 5 cr

The student is able to:

Upon completion, the student knows the most common diseases within internal medicine as well the theoretical background related to their care, observation, analysis, nursing work and care chain and is able to integrate this in the practical nursing and nursing process in a research and development -based method. The student understands the continuity process in nursing.

Contents of the study unit:

The student acquires skills in nursing process, caring with the whole patient as well as documentation and learns to apply the skills into practical nursing. The core element in this module is the ethology and pathology of internal medicine, most common diseases in internal medicine and their research work, diagnoses as well as care.

01196 Surgical nursing, medical care, 10 cr

The student is able to:

The student understands the ethology and pathology of surgical diseases, knows the most common diseases demanding surgical care as well as their symptoms, researches, diagnoses and care as part of the nursing decision making process. The student is able to define the need of care for surgical and gynaecology patients, set the objectives for the nursing work and decide which are the decided acts for the nursing. The student is able to integrate and understand competencies in basic *anesthesiology*. *The student will be able to, throughout tutoring, design and execute intravenous therapy.*

The student will be able to practise nursing for a client/patient and evaluate the work together with the patient and a multi-professional team. The student applies taking responsibility in medical care and is aware of the pharmaceutical therapies and the legislation on medicines. The student knows the safe and correct way of handling, preserving and

destroying medicines, and the different ways of dosing medicine, calculating dosage as well as instructing patients with medicine treatment. The student is aware of issues with drug addictions, drug abuse, reimbursement and alternative medicine. The student masters the data searching in medicine and understands the importance of maintaining professionalism and development as well as developing medical care.

Contents of the study unit:

Integrating knowledge in surgery, anatomy, physiology, clinical pharmacology and clinical laboratory medicine, legislation in medical care, patient care and observation and acting in acute care situations. The student acquires an overall picture of the intravenous rehydration therapy and intravenous therapy as well the factors affecting these forms of therapy. The safe principles of rehydration therapy and intravenous therapy will be presented. The student acquires skills within rehydration therapy when caring for the whole patient.

01197 Promoting family well-being, 5 cr

The student is able to:

Upon completion, the student understands the importance of pregnancy, delivery, and post-natal care to child's health and well-being. The student knows how to support the family throughout pregnancy, delivery and post-natal time and guide the family in when taking care of the child. The student knows the development of a healthy child / adolescent and recognises the health promotion resources and is able to support the actions promoting these resources. The student understands the importance of parenthood, family, and a safe environment in a global world for the child's / adolescent's well-being and health.

Contents of the study unit:

Examines concepts such as pregnancy as a physical, psychical and social process, maternity care, obstetrical care and postnatal care. The study module covers *child's growth and development* and how to support this development. Child health care and the most common children's diseases will also be covered.

01198 Neurological nursing and long-term patient care, 10 cr

The student is able to:

Upon completion the student knows how to practise nursing with long-term patients and according to the nursing decision making -process. The student knows how to practise decision making in neurological nursing, *rehabilitative care and when treating cancer patients. The student knows how to monitor the decision making process and care according to the national model and understands the importance of monitoring legislation in documentation.* The student is able to perform nursing for individual cancer patients from different cultures, based on the ethical values and principles applied for nursing. The student deepens his/her knowledge of planning, implementing and evaluating safe medical care.

Contents of the study unit:

Decision making in nursing. The students revise the issues in medical care, calculating dosage, and medical treatment for special groups. The student will acquire basic skills in medication rights and gets trained at *rehabilitative care* for adults, especially for elderly patients and patients/clients who suffer from disabilities in their physical well-being. The students learn about the birth mechanism for cancer, special features of caring a cancer patient and how to support the family of a cancer patient.

01199 Mental health nursing and casualty care know-how, 10 cr

The student is able to:

The student knows how to practise nursing within mental health units according to the nursing decision making – process. The student knows how to plan, implement and evaluate customer-oriented mental health care, crisis care, alcohol and drugs intervention care for patients of different ages in such a way that it supports individual's resources, family or community as well as takes into account the cultural facts, rehabilitative goals and the care which is pain-reducing. The students are able to consult and use the skills they have acquired through group work when guiding clients in a customer-oriented way. The human resource management is the key element when coping with stress at work. The students will learn about casualty care as well as providing first aid.

Contents of the study unit:

Promoting client's resources in different phases of life as well as the basics of casualty care nursing and providing first aid.

01200 Enhancing professionalism - Practical training (surgical nursing and family care), 15 cr

The student is able to:

The students know how to interact and co-operate with individuals, family, network and the community in such a way that they recognise both the internal and external resources and problem situations. The students know how to plan, implement and evaluate the nursing work from a customer-oriented perspective, in a safe way, taking into account the ethical values, legislation, regulations and recommendations. The students comprehend the medical care in its entire function in patient care and are able to self-assess their learning and developmental needs. Peer-assessment and feedback from the tutors/group will also be included.

The student comprehends the surgical nursing for patient groups within a practise environment and is able to achieve an overall picture of a surgical nursing process by providing care for a patient. The student is aware of the vital dysfunctions caused by the surgical diseases as well as the problems these dysfunctions have on an adult patient's life and health. The student understands the importance of parenthood, family, and a safe environment for the child's / adolescent's well-being and health.

The student is aware of a child's healthy development. The student recognises the resources which promote health and is able to support actions promoting health and well-being of a child / adolescent.

Contents of the study unit:

The practical training integrates the student's professional know-how and expertise into different care environments. The vital element is the interaction with individuals, families, networks and communities. The student is aware of the service system within maternity care. The student learns about the care during pregnancy, delivery, and post-natal care and acquires knowledge of guiding and supporting parents, as well as taking care about a newborn baby.

01201 Enhancing professionalism - Practical training (mental health care and internal medicine), 15 cr

The student is able to:

The student knows how to interact and co-operate with an individual, family, network and the community in such a way that he/she recognises both the internal and external resources and problem situations. The student knows how to plan, implement and evaluate the nursing work from a customer-oriented perspective, in a safe way, taking into account the ethical values, legislation, regulations and recommendations. The student masters the internal medicine nursing in a practise environment with patient groups and achieves an overall picture of internal medicine process care by providing care for a patient.

The student masters the nursing of mental health patient groups within a practise environment and is able to achieve an overall picture of a mental health care and decision making. The student masters the medical care in its entire function for patient care and is able to self-assess his/her learning and development needs. Peer-assessment and feedback from the tutors/group will also be included.

Contents of the study unit:

The practical training integrates the student's professional know-how and expertise into different care environments. The vital element is the interaction with individuals, families, networks and communities. The student acquires knowledge of working within mental health care and internal medicine care process.

01203 Enhancing professionalism - Practical training, R&D (project practise), 5 cr

The student is able to:

The student will launch a developing project together with real-life partners. He/she understands the development work as a part of daily working life. The student knows how to interact and co-operate with individuals, family, network and the community in such a way that he/she recognises both the internal and external resources and problem situations. The student knows how to plan, implement and evaluate the nursing work from a customer-oriented perspective, safely, taking into account the ethical values, legislation, regulations and recommendations. The student comprehends the medical care in its entire function for patient care and is able to self-assess his/her learning and development needs. Peer-assessment and feedback from the tutors/group will also be included.

Contents of the study unit:

Part of the studies will be carried out through a research and development project. The practical training will integrate the student's professional knowledge and know-how into different care environments.

00195 Preparatory Studies in Swedish, 3 cr**The student is able to:**

- master basic Swedish vocabulary and grammar
- use various methods for improving their language skills

Contents of the study unit:

- main structures of the Swedish language
- basic Swedish vocabulary

Study unit description:

Students improve their skills in communicating in Swedish as preparation for completing actual studies in the language.

0360 THE ADULT LEARNER WORKING AS A COMMUNITY NURSE, 50 cr**Description:**

During the theme the students recognise their possibility to be part of the decision-making system and thus as a nursing professional promote the development which has an effect on the health of an individual or community.

The student will be able to:

The students learn how to promote their expertise and knowledge and comprehend the basic skills in his field of expertise. The students will act in a way preventing social alienation and promoting social well-being. The students will implement a research and development project integrated with work carried out at Terveystori.

01204 Enhancing professionalism - Practical training (home care), 5 cr**The student is able to:**

The student knows how to interact and co-operate with individuals, family, network and the community in such a way that he/she recognises both the internal and external resources and problem situations. The student knows how to plan, implement and evaluate the nursing work from a customer-oriented perspective, safely, taking into account the ethical values, legislation, regulations and recommendations. The student comprehends the medical care in its entire function for patient care and is able to self-assess his/her learning and development needs. Peer-assessment and feedback from the tutors/group will also be included.

The student learns about the co-operation between social and health care and home care / home nursing and understands the importance of co-operation when taking care of a whole patient. The student knows the principles, nature and special features of home care, and their importance when taking care of a whole patient.

Contents of the study unit:

The student will learn about the vital methods used in home care / home nursing and learns to safely perform these methods. The students deepen their communication skills when communicating with the patient and their family.

01205 Nursing Swedish, 5 cr**The student is able to:**

Upon completion the student will be able to communicate in Swedish both in writing as well as orally in his/her working community. The student knows how to act in the expert community and tell about the field of his/her own expertise by using various communication methods as well as apply the information acquired from the Swedish sources.

Upon completion the student will reach the minimum of level B1.2 (according to the European framework). In

addition to this, he/she will be given a grade "Good/ Satisfactory" of the oral and written language skills (as verified by the *National Certificate of Language Proficiency*).

Contents of the study unit:

Written and oral customer-oriented communication, core terminology in nursing. The key issues are; presenting oneself, one's education, job experience and job search.

00635 Written skills in Swedish, 0 cr

Study unit description:

This study unit is for evaluating written skills in Swedish.

00634 Oral skills in Swedish, 0 cr

Study unit description:

This study unit is for evaluating oral skills in Swedish.

01206 Finnish language, 5 cr

The student is able to:

The students, whose language of education is not Finnish, will practise using Finnish in their own field of expertise and will acquire skills which are needed when studying and communicating within the field of their expertise.

Contents of the study unit:

The students, whose language of education is not Finnish, will practise their communication skills in Finnish. They will learn to communicate in the working life in Finnish both orally and literally.

Previous studies:

Koulutusivistyskieli ei ole suomen kieli, yleensä korvaa ruotsin kielen opinnot

00637 Oral skills in Finnish, 0 cr

00636 Written skills in Finnish, 0 cr

01207 Independent reception work, knowledge when promoting health and well-being, 5 cr

The student is able to:

Upon completion the student knows how to plan, implement and evaluate customer-oriented supervision and knows how to use the information and communication technology in various ways as part of the supervision. The student knows how to instruct the clients to use information welfare services and promotes clients' well-being through electronic online services. The student is aware of various ways of using welfare technology and knows how to evaluate the need to use them as part of self care.

The student is able to make decisions independently when planning the care for a patient / client and masters the care documentation work / health supervision documentation work when working at a reception. The student comprehends the vital administrative tasks needed in nursing when working independently at a reception. The student knows how to instruct different clients / patients, students and staff within health promotion taking into account the various dimensions in nutrition and dietetics. The student is able to consult and use human resources when sustaining and developing his/her expertise.

Contents of the study unit:

Planning customer-oriented supervision, implementation and evaluation. Supervision methods for promoting health and well-being, promoting self care and seamless care chains are also covered. The study module will cover

independent nursing reception work, task reallocation and administrative tasks as well as consultation in nursing and monitoring the client's health situation. Other key elements are: human resource management, integrating welfare technology as well as information networks into other sciences and knowledge when supervising (e.g. education, nutrition, dietetics).

01208 Welfare entrepreneurship and developing services R & D, 5 cr

The student is able to:

The student understands the vital elements needed for running a profitable business and the importance of entrepreneurial methods. He /she acquires basic information needed when starting a business.

Contents of the study unit:

The student acquires information about entrepreneurship and knows how to draft a realistic, customer-oriented and profitable business / marketing plan. An important key element is applying the concept of an internal entrepreneur.

01209 Enhancing professionalism - Practical training, (Developing Service innovation), R&D, 5 cr

The student is able to:

The students know how to work independently at a reception and are able to evaluate their learning and know-how. They know how to draft a developing plan. They know how to use different solutions produced through information and communication technology in their own work as well as information networks' collective possibilities when promoting health and well-being for people with different cultures and backgrounds. The students deepen their knowledge when supervising others and consulting different clients and groups in self care.

Contents of the study unit:

The practical training will be carried out at Terveystori-environment. The students learn about independent reception work, possibilities in information and communication technology when instructing and consulting clients and develops their peer-to-peer knowledge. The training will be supervised; peer assessment and tutor assessment will promote expertise. It is possible to implement the study module internationally.

01210 Research and developing know-how integrated in Bachelors Thesis, 5 cr

The student is able to:

Upon completion, the students will comprehend the research and developing methods needed for their Thesis work.

Contents of the study unit:

The module provides the students with knowledge and skills which are needed when writing their Thesis. Different development projects will be covered.

00043 Thesis, 15 cr

The student is able to:

- present well-grounded work development proposals
- conceptualise the phenomena of the workplace with a basis in research data
- use appropriate research and development methods for generating new data
- participate in development projects, working responsibly in a team with employers and other partners
- evaluate their own work and solutions critically
- manage the big picture, presenting their ideas logically and with justifications

Contents of the study unit:

- familiarisation with the thesis and development project process, and coming up with a subject
- thesis plan describing the background and objectives of the thesis, main data from previous research on the

subject, the research and development methods used and an implementation plan

- carrying out the work for the thesis
- reporting on and publishing the thesis
- maturity test

Study unit description:

Students learn to develop real work processes through research, producing new solutions in the form of products, operating models or work cultures.

0361 ADULT LEARNER AS AN ACTIVE DEVELOPER WITHIN NURSING WORK, 35 cr

Description:

During the theme the students learn how to study, evaluate and develop their own work as well as the work community in the critically-evolving working environment. The Thesis work will be carried out as part of a regional project. The students deepen their theoretical and clinical knowledge through various nursing environments.

The student will be able to:

The student recognises the developing needs in nursing which are evolved through various nursing methods and knows how to launch a developing project. They maintain and develop their learning capabilities throughout their career and promote the quality in nursing as well as evaluate the effectiveness in nursing. The student manages the care co-ordination for patients/clients in such a way that the care continuity is ensured. The student knows how to manage a team and development groups within care.

01212 Leadership in Nursing, 5 cr

The student is able to:

The student masters the vital tools for leadership and is able to act in a responsible manner when promoting and developing well-being in the working environment. The student understands the *organizational* structures and their importance for objectives and results. The student understands the importance of communication within leadership tasks.

Contents of the study unit:

Nursing leadership, *organizational structures and leadership communication. The core element is student's own role in an organization, taking responsibility in an organization and the development work.*

01213 Intensive Studies in Nursing, 10 cr

The student is able to:

The students know how to recognise, renew and co-ordinate the developing targets within care and future challenges in a customer-oriented way in collaboration with a working group and network. The students comprehend the medical care when taking care of a whole patient.

Contents of the study unit:

The module deepens the student's expertise in nursing, decision-making, ethical way of working and skills in medical care. The expertise will be deepened through work within different nursing environments, by giving reasoned arguments, critical evaluation as well as assuming ethical decision-making in their work as a nursing professional.

01214 Enhancing professionalism - Practical training, advanced level (outpatient or paramedical care), 10 cr

The student is able to:

Upon completion, the student knows how to independently apply the acquired knowledge into practise when working at a freely chosen work place. The students engage themselves at a discrete collaboration when working with patients and are able to safely deliver the medical care used in the unit. They are able to reflect and critically evaluate their own development as an expert as well as the ethical values applied. The students are also able to recognise the developmental targets within nursing as well as the quality care.

The students know how to act in a responsible manner in a group, manage as well as give reasoned arguments for their decisions. They are able to supervise, teach and support the clients/patients and colleagues. The students possess good communication, negotiation and group communication skills in various communication situations. The students know the principles of working at a casualty, reception, when providing first aid at an external unit as well the nature and special features for care when taking care of a whole patient.

Contents of the study unit:

The core element of the module is to deepen students' knowledge of a freely chosen sector at a working place which will promote their expertise. The focus will be on treating patients who have become acutely ill, trauma patients and critically ill patients as well as perceiving the big picture and main principles at the casualty department and first aid situations. The students deepen their expertise by working in various nursing environments as nursing professionals when taking care of a whole client/patient and when organising the work at the care unit. The communication skills are deepened in interaction with the patient, as well as the documentation skills (reporting, monitoring) when working at the casualty or at an external first aid unit. The student acquires information about the most vital help methods used when working at casualty or at an external first aid unit and trains to perform these methods in a safe way.

01215 Enhancing professionalism - Practical training, advanced level, 10 cr

The student is able to:

Upon completion, the student knows how to independently apply the acquired knowledge into practice when working at a freely chosen work place. The students engage themselves at a discrete collaboration when working with patients and are able to safely deliver the medical care used in the unit. They are able to reflect and critically evaluate their own development as an expert as well as the ethical values applied. The students are also able to recognise the developmental targets within nursing as well as the quality care.

The students know how to act in a responsible manner in a group, manage as well as give reasoned arguments for their decisions. They are able to supervise, teach and support the clients/patients and colleagues. The students possess good communication, negotiation and group communication skills in various communication situations.

Contents of the study unit:

The core element of the module is to deepen students' knowledge of a freely chosen sector at a working place which will promote their expertise. The focus will be on treating patients who have become acutely ill, trauma patients and critically ill patients as well as perceiving the big picture and main principles at the casualty department and first aid situations. The students deepen their expertise by working in various nursing environments as nursing professionals when taking care of a whole client/patient and when organising the work at the care unit. The communication skills are deepened in interaction with the patient, as well as the documentation skills (reporting, monitoring) when working at the casualty or at an external first aid unit. The student acquires information about the most vital help methods used when working at casualty or at an external first aid unit and trains to perform these methods in a safe way.

125 ELECTIVE STUDIES, 15 cr

Description:

Students use elective studies to deepen and broaden their competence in various themes and generic competences. Students should choose study units to align the content of their studies with their own personal interests and career objectives.

Content:

Each curriculum contains a theme consisting of elective studies. In the students' personal study plans, the theme should be made up of the study units chosen by the student from Laurea's language studies, Laurea's shared studies or another degree programme's curriculum. Any studies completed at another higher education institution (university of applied sciences, university, Online University of Applied Sciences, foreign institution) that cannot be recognised for the degree programme but that the student wishes to include in the degree should be classified under this theme. The number of credits from elective studies can be set separately for each degree programme, taking into account recommendations for the field of study. The aim is to have at least 15 cr of elective studies in each degree programme.

00202 Initial Test in English Skills, 0 cr

Study unit description:

At the beginning of their studies, all students who have English and/or Swedish qualifications on prior certificates required for studies at Laurea, or who have received previous instruction in English and/or Swedish take initial tests in these languages. The initial tests are the same for all fields of study and may only be taken once. Students who transfer between degrees within Laurea do not have to retake the test. The test is used to check the students' starting level before language studies begin. Students who fail the test must take preparatory studies in the language at the start of their studies. Having passed the preparatory studies, students obtain credits for inclusion in elective studies.

00203 Initial Test in Swedish Skills, 0 cr

Study unit description:

At the beginning of their studies, all students who have English and/or Swedish qualifications on prior certificates required for studies at Laurea, or who have received previous instruction in English and/or Swedish take initial tests in these languages. The initial tests are the same for all fields of study and may only be taken once. Students who transfer between degrees within Laurea do not have to retake the test. The test is used to check the students' starting level before language studies begin. Students who fail the test must take preparatory studies in the language at the start of their studies. Having passed the preparatory studies, students obtain credits for inclusion in elective studies.

00397 Initial Test in Mathematics, 0 cr

Study unit description:

Opintojen alkaessa kaikki opiskelijat osallistuvat matematiikan lähtötasotestiin. Lähtötasotestin voi suorittaa vain kerran. Testin avulla varmennetaan opiskelijan valmiudet koulutusalsansa matemaattisten sovellutusten aloittamiseksi. Ellei opiskelija selviydy lähtötasotestistä, hän osallistuu matematiikan valmentavalle opintojaksolle opintojen alkuvaiheessa. Suoritettuaan valmentavat opinnot hyväksyttävästi opiskelija saa opintopisteitä luettavaksi vapaasti valittaviin opintoihin.