

LAUREA UNIVERSITY OF APPLIED SCIENCES

Complementary competence (bachelor's studies), Health and welfare, TOS218SY

Operating environment

COMPLEMENTARY COMPETENCE IN BACHELOR'S DEGREE PROGRAMMES

Elective studies compiled into modules

Elective studies are a part of completing a university of applied sciences degree. Complementary modules make it possible to deepen or extend your knowledge. The modules being offered at each campus are listed separately.

The modules comprise competence areas. A module typically includes at least two study units, but alternatively competence can also be developed in projects. Credits can also be gained through recognition of prior learning or demonstrations.

Complementary competence modules are also well-suited for further education for those students, who have completed a degree. Graduates can enrol in them as students of the Open University of Applied Sciences.

Modules further competency in a subject area

The scope of a module is 15 - 30 credits. Complementary competence modules support individual study paths and competence. Complementary competence modules that are compatible with the student's professional goals can include in his/her degree. The compatibility of the elective studies with the degree will be subject to prior agreement with the teacher tutor.

Learning is made relevant to workplace development and the student's personal goals. The learning outcomes specified for the modules build on future workplace needs and Laurea's focus areas.

Completion of studies

Campus-specific offering describes what studies the campus has planned to offer over the course of a degree programme. Not all courses are held every year, rather a new list of available courses is planned and published each academic year according to demand.

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits. The study unit implementation plans specify the objectives, content and implementation form of the studies. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case.

The modules have been designed so that they can mainly be completed in the course of one or two semesters. Studies can be implemented either in Finnish or in English. The language of the implementation is decided for each semester and is visible in the study unit/project offer.

In order for a student to further their competency, we recommend that the student selects entire modules, but it is also possible for a student to select individual study units or projects from modules.

Flexible Possibilities for Completing Attainments and Specialising

Any studies in an institution of higher education can be counted as advanced competency. In addition to complementary competence studies presented in the curriculum the student can for example

- select complementary competence studies offered on Laurea's different campuses
- select a core competence module in another degree programme as their advance competency
- select studies from the common study offering gathered by Laurea, Haaga-Helia UAS and Metropolia UAS

Curriculum Development

The offering of the complementary modules is constantly under development to match the requirements of the working life and thus the offering may change during the studies. Up to date plans on the available advanced competency modules will be published each academic year.

1. year

Y	CORE COMPETENCE	10
R072	MULTIDISCIPLINARY COMPETENCE IN NURSING	
R0127	Geriatrics	1
R0135	Pediatrics	1
R0147	Gynecology and Obstetrics	1
R0148	Surgery and Anesthesiology	2
R0158	Anatomy and Physiology	3
R0159	Psychiatry	1
R0390	Microbiology and Pathophysiology	1
R0408	Advanced Life Support (ALS)	
R0426	Pharmacology	
R0134	Internal Medicine	
T	COMPLEMENTARY COMPETENCE	364
V138	COMPLEMENTARY COMPETENCE FOR NURSING AND PUBLIC NURSING	
R083	ACUTE NURSING	
R0400	Nursing of Surgical Patients and the Care Environment	5
R0401	Nursing of Patients in Intensive Care and Care Environment	5
R0402	Nursing of Patients in Emergency Care and the Care Environment	5
R0403	Special Characteristics of Acute Nursing	5
R0409	Nursing of Surgical Patients and the Care Environment	
R0410	Nursing of Patients in Intensive Care and Care Environment	
R0411	Nursing of Patients in Emergency Care and the Care Environment	
R0412	Special Characteristics of Acute Nursing	
R041	DIVERSE EXPERTISE IN NURSING	
R0265	Diverse Expertise 1	5
R0266	Diverse Expertise 2	10
R043	OVERALL SAFETY OF SOCIAL AND HEALTH CARE SERVICES	
R0267	The Basics of a Safe Workplace	
R0268	Encountering Violence in the Workplace	
R0405	Global Security and Well-Being	
R044	EXPERTISE IN MENTAL HEALTH, CRISIS AND SUBSTANCE ABUSE NURSING	
R0270	Clinical Expertise and Therapeutic Methods in Mental Health and Substance Abuse Nursing	10
R0271	Supporting the Patient During Crisis	5
R045	NURSING IN OUTPATIENT CARE	
R0272	Assessing the Need for Treatment and Decision-Making in Outpatient Care	5
R0273	Supporting Self-Care of Patients with Long-Term Illnesses or Infections	5
R0274	Digital Health Care Services Supporting Health Promotion	
R046	ELDERLY FAMILIES AS CLIENTS IN NURSING	

R0275	Health Technology Supporting Elderly Persons Ability to Cope at Home	5
R0276	Elderly Clients in Social Welfare and Health Care	10
V139	COMPLEMENTARY COMPETENCE IN SOCIAL SERVICES	
R070	COMPETENCE IN CHILD WELFARE AND SOCIAL WORK WITH FAMILIES	
R0365	Child Welfare	10
R0366	Social Work with Families	10
R0367	Social Work with Children and Young People	10
V107	CREATIVITY AND WELLBEING	
R0142	Pedagogic Potential of Drama	10
R0381	Therapeutic Methods of Visual Art	5
R0143	Pedagogic Potential of Visual Art	10
R0144	Pedagogic Potential of Exercise and Dance	
R0145	Pedagogic Potential of Music	
R0371	Special Methods of Exercise and Dance	
R0372	Therapeutic Potential of Music	
R0373	Psychodrama and Sociodrama	5
R071	ENCOUNTER ART	
R0370	Basics of Encounter Art	5
R0383	Competence in Guidance of Encounter Art	10
R005	EARLY CHILDHOOD EDUCATION COMPETENCE	
R0093	Diversity and Special Nature of Early Childhood Education	10
R0094	Pedagogical Competence in Early Childhood Education	10
R0095	Competence in Guiding Early Childhood Education Activities	10
R069	SOCIAL WORK WITH ADULTS	
R0363	Social Work with Adults and Social Guidance	5
R0364	Rehabilitative Work Methods, Guidance and Provision of Advice in Social Work with Adults	10
R0413	Basics of Diversity and Multiculturalism	5
B069	RENEWING LEGAL REGULATIONS IN SOCIAL SERVICES	
B0309	Juridification of Society and the Individual	
B0310	Clients in the Social Welfare System	
B0311	A Child and Family as Social Welfare Clients	
B0312	Privacy Protection in Social Welfare	
G111	MULTIDISCIPLINARY CUSTOMER WORK COMPETENCE IN THE SOCIAL SERVICES AND HEALTHCARE FIELD	
G8286	Different Stages of Human Life	5
G8287	Similar, Different and Various Types of Opportunities	
B0287	Diverse Family	5
R0368	Support for Interaction and Mentalisation	5
R0369	Tools for Supporting Families in Social Services and Health Care	
R0434	Cultural Encounters and Supporting Integration	5
V143	COMPLEMENTARY COMPETENCE IN CORRECTIONAL SERVICES	
V104	REHABILITATIVE SOCIAL WORK AND METHODOLOGY	

01536	Methodology in Correctional Services	5
V1528	Rehabilitative Social Work	10
V105	REHABILITATION, INTOXICANTS AND MENTAL HEALTH	
V1531	Motivational Discussion	5
V1529	Substance Abuse Work	5
V1530	Mental Health Care	5
V106	MANAGEMENT AND DEVELOPMENT OF SECURITY IN CORRECTIONAL SERVICES	
V1532	Managing and Developing Security in Correctional Services	15
G134	COMPLEMENTARY COMPETENCE IN PHYSIOTHERAPY	
G105	REHABILITATION NETWORKS	
G8298	National and Global Rehabilitation Challenges and Effectiveness	
G8304	Optional Work Placement	10
G133	PPROMOTION OF WELL-BEING AND FUNCTIONAL CAPACITY	
G8291	Nutrition as Support for Wellbeing	5
G8371	Competence in Complementary Physiotherapy Methods	5
G8372	Project on Promoting Functional Capacity	5
V134	EMPOWERING MULTICULTURAL CLIENTS	
V1633	Global Challenges and Possibilities within Social Services, Community Work and Client Counselling	
V1634	Supporting Multicultural Families	
V1635	Mental Health and Wellbeing Promotion with Multicultural Clients	5
V1637	Creative Methods in Empowering Multicultural Clients	10
V1643	Constructive communication with Multicultural Clients	
V081	CLINICAL NURSING	
V1638	Health Assessment in Primary Health Care	
V1639	Advanced Perioperative Nursing	5
V1640	Caring for Critically Ill Patients	
V082	HEALTH AND WELLBEING FROM GLOBAL PERSPECTIVE	
01465	New Technological Solutions and Innovations for Social and Health Care	5
01464	Global Health	5
V1362	Wellness at Work	
01439	Current Developments and Innovations in Social and Health Care in Finland	5
01440	Multicultural and Multidisciplinary Professional Competences	
V1622	Accessible Service Environments	10
R020	OTHER COMPLEMENTARY COMPETENCES	
G8292	Applied Physical Activity	5
G8325	Multidisciplinary Evaluation Methods in Rehabilitation	5
G8328	Supporting Functional Capacity	5
G8272	eService Competence	5
V1261	First Aid	1
01531	Ups and Downs in a Relationship	5

V1360	Directive of Maternity Care	1,5
R0439	Directive of Maternity Care	1,5
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R072 MULTIDISCIPLINARY COMPETENCE IN NURSING, 0 cr

Description:

The module consists of studies that are part of the core competence of education in nursing and public health nursing. The studies can be completed separately. The scope of the separately completed studies is taken into account in the core competence study units.

Responsible persons:

Yhteyshenkilö: Heli Karjalainen

R0127 Geriatrics, 1 cr

The student is able to:

The student is able to

- describe the most essential changes in the organ system related to ageing
- know the causes, symptoms and principles of care of the most common illnesses related to ageing
- know the special features of the medical treatment of older people
- use medical information to examine the prevention of illnesses related to ageing, the onset of the illnesses, and changes and symptoms caused by the diseases as well as research findings

R0135 Pediatrics, 1 cr

The student is able to:

The student is able to

- recognise the most common childhood diseases
- describe common examination, follow-up and treatment methods of childhood diseases
- collect background information
- monitor the symptoms and condition of a child patient
- describe and take into account special features of the medical treatment of a child patient

R0147 Gynecology and Obstetrics, 1 cr

The student is able to:

The student is able to

- recognise the most common gynecological diseases and their symptoms.
- describe the most common methods of examination, monitoring and treatment of gynecological diseases.
- describe the special features of the medical treatment of a gynecological patient.
- describe the basics of contraception, termination of pregnancy and infertility.
- describe the normal course of pregnancy and delivery.

R0148 Surgery and Anesthesiology, 2 cr

The student is able to:

The student is able to

- recognise key surgical illnesses and surgically treated injuries
- describe the significance of background information in assessing the patient's fitness for surgery
- actively monitor the symptoms and condition of a surgical patient based on medical information
- describe the most common methods of examination, monitoring and treatment in surgery
- describe the special features of the medical treatment of a surgical patient
- describe the different areas of anaesthesiology
- describe different forms of anaesthesia
- recognise the most essential medicines used in anaesthesia

R0158 Anatomy and Physiology, 3 cr

The student is able to:

The student is able to

- describe the main concepts of anatomy and physiology
- name and locate the organs
- describe the structure and functions of different organs
- describe the different regulation systems of the organ system

R0159 Psychiatry, 1 cr

The student is able to:

The student is able to

- recognise the most essential mental disorders and illnesses included in the discipline of psychiatry
- understand the etiology and etiological diversity of key mental health disorders and psychological illnesses
- describe the signs and symptoms of key mental health disorders, psychological illnesses and alcohol-related illnesses
- describe the examination, monitoring and treatment methods of mental health patients and the treatment of alcohol-related disorders
- describe the medical treatment practices of the most common psychiatric illnesses

R0390 Microbiology and Pathophysiology, 1 cr

The student is able to:

The student is able to

- describe the central concepts of microbiology and pathology, and the classification of diseases
- recognise the significance of microbes for human health
- describe which factors affect the onset of diseases and cause changes in the body
- describe how an infectious disease emerges
- describe the immune system of the human body
- describe the types of tissue injury, and the mechanisms of emergence, symptoms and onset of tissue injury

R0408 Advanced Life Support (ALS), 0.5 cr

The student is able to:

The student is

- familiar with the practices of ALS.
- is able to reflect on ethical issues related to ALS

R0426 Pharmacology, 1.5 cr

The student is able to:

The student is able to

- describe the effects of various drugs
- list the core classifications of drug groups, drugs and medications

R0134 Internal Medicine, 1.5 cr

The student is able to:

- keskeiset sisätautien erikoisalaan kuuluvat sairaudet.
- tunnistaa ja seurata sisätauteja sairastavan potilaan yleisimpiä oireita.
- eri sisätautien yleisimmät tutkimus-, seuranta- ja hoitomenetelmät.
- kuvata yleisimpien sisätautien lääkehoidon käytänteet.

V138 COMPELEMENTARY COMPETENCE FOR NURSING AND PUBLIC NURSING, 0 cr**Description:**

See the modules below.

R083 ACUTE NURSING, 15 cr**Description:**

The module's core comprises the patient-centred and evidence-based nursing, planning, implementation and assessment of the care given to a critically and acutely ill adult patient. The student is provided the skills to act in a quickly changing care situation and to further develop his or her rapid decision-making process.

The student is provided the skills to communicate on and take part in cooperation in acute nursing.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules

R0400 Nursing of Surgical Patients and the Care Environment, 5 cr**The student is able to:**

The Student is able to

- describe how changes to the vital functions of a surgical patient can be anticipated and assessed before surgery, during surgery and after surgery
- apply their physiological and anatomical knowledge-base in the observation of a surgical patient's vital functions and in their care
- apply methods for the examination, observation and maintenance of the vital functions of a surgical patient in a patient-centred nursing and taking into account the needs of special groups (trauma patients, neurosurgery patients, heart surgery patients)
- use different methods of documentation and reporting related to the care of a surgical patient
- plan and apply the methods for a surgical patient's guidance and psychological support in a patient-centred nursing
- describe the overall rehydration and medicinal treatment of a surgical patient
- describe the development needs for the care and service paths of surgical patients and plan evidence-based nursing procedures to improve the quality, safety and cost-effectiveness of surgical patient care
- critically analyse and develop one's skills in the care of a surgical theatre patient
- describe ethical problems and act according to ethical principles in the surgical care environment

R0401 Nursing of Patients in Intensive Care and Care Environment, 5 cr**The student is able to:**

The Student is able to

- describe how the vital functions of a patient in intensive care can be anticipated and assessed
- plan and select methods for the examination, observation and maintenance of the vital functions of a patient in intensive care in a patient-centred nursing and taking into account the needs of different patients and patient groups
- plan and apply the psychological support and guidance of patients in emergency care and their family in a patient-centred nursing
- describe the physical, psychological and social rehabilitation of a patient in intensive care and plan support for rehabilitation in a patient-centred nursing
- use different methods of documentation and reporting related to the care of a patient in intensive care
- describe the development needs for the care and service paths of a patient in intensive care and plan evidence-based nursing procedures to improve the quality, safety and cost-effectiveness of intensive patient care
- critically analyse and develop one's own competence in the care of a patient in intensive care
- describe ethical problems and act according to ethical principles in the intensive care environment

R0402 Nursing of Patients in Emergency Care and the Care Environment, 5 cr

The student is able to:

The Student is able to

- make a preliminary assessment on patients in emergency care
- plan and suggest methods for the examination, observation and maintenance of the vital functions of patients in emergency care in a patient-centred nursing and taking into account the needs of special groups (the elderly, internal medicine patients, neurological patients, surgical patients, child patients and psychiatric patients)
- assess and anticipate the vital functions and possible changes to the vital functions of patients in emergency care
- document and report on the status and care of a patient in emergency care
- plan and apply methods for the guidance and psychological support of patients in emergency care and their family
- apply the key principles of telephone guidance in emergency care
- apply the key methods of interaction and consultation in the emergency care environment
- describe and plan multidisciplinary network cooperation in the emergency care environment
- describe the development needs for the care and service paths of patients in emergency care and plan evidence-based nursing procedures to improve the quality, safety and cost-effectiveness of emergency patient care
- critically analyse and develop one's own competence and ability to act as a nurse in the emergency care
- describe ethical problems and act according to ethical principles in the emergency care environment

R0403 Special Characteristics of Acute Nursing, 5 cr

The student is able to:

The Student is able to

- describe the responsibility, obligations and skills requirements of a nurse in acute emergency situations
- apply one's physiological and anatomical knowledge-base in the observation, assessment and care of a patient in acute care
- apply systematic and proactive nursing models in the assessment of the patient's status
- describe acute nursing laboratory, clinical physiology and X-ray examinations and interpret their results as part of safe patient care
- describe and plan how patient care technology and monitoring, examination and care methods can be used safely and effectively as part of critical and acute patient care
- apply methods of self-regulation for nurses in the processing of demanding and loading acute nursing situations
- apply and analyse the central methods for patient safety and occupational safety risk management in acute nursing

R0409 Nursing of Surgical Patients and the Care Environment, 5 cr

The student is able to:

The Student is able to

- describe how changes to the vital functions of a surgical patient can be anticipated and assessed before surgery, during surgery and after surgery
- apply their physiological and anatomical knowledge-base in the observation of a surgical patient's vital functions and in their care
- apply methods for the examination, observation and maintenance of the vital functions of a surgical patient in a patient-centred nursing and taking into account the needs of special groups (trauma patients, neurosurgery patients, heart surgery patients)
- use different methods of documentation and reporting related to the care of a surgical patient
- plan and apply the methods for a surgical patient's guidance and psychological support in a patient-centred nursing
- describe the overall rehydration and medicinal treatment of a surgical patient
- describe the development needs for the care and service paths of surgical patients and plan evidence-based nursing procedures to improve the quality, safety and cost-effectiveness of surgical patient care
- critically analyse and develop one's skills in the care of a surgical theatre patient
- describe ethical problems and act according to ethical principles in the surgical care environment

R0410 Nursing of Patients in Intensive Care and Care Environment, 5 cr**The student is able to:**

The Student is able to

- describe how the vital functions of a patient in intensive care can be anticipated and assessed
- plan and select methods for the examination, observation and maintenance of the vital functions of a patient in intensive care in a patient-centred nursing and taking into account the needs of different patients and patient groups
- plan and apply the psychological support and guidance of patients in emergency care and their family in a patient-centred nursing
- describe the physical, psychological and social rehabilitation of a patient in intensive care and plan support for rehabilitation in a patient-centred nursing
- use different methods of documentation and reporting related to the care of a patient in intensive care
- describe the development needs for the care and service paths of a patient in intensive care and plan evidence-based nursing procedures to improve the quality, safety and cost-effectiveness of intensive patient care
- critically analyse and develop one's own competence in the care of a patient in intensive care
- describe ethical problems and act according to ethical principles in the intensive care environment

R0411 Nursing of Patients in Emergency Care and the Care Environment, 5 cr**The student is able to:**

The Student is able to

- make a preliminary assessment on patients in emergency care
- plan and suggest methods for the examination, observation and maintenance of the vital functions of patients in emergency care in a patient-centred nursing and taking into account the needs of special groups (the elderly, internal medicine patients, neurological patients, surgical patients, child patients and psychiatric patients)
- assess and anticipate the vital functions and possible changes to the vital functions of patients in emergency care
- document and report on the status and care of a patient in emergency care
- plan and apply methods for the guidance and psychological support of patients in emergency care and their family
- apply the key principles of telephone guidance in emergency care
- apply the key methods of interaction and consultation in the emergency care environment
- describe and plan multidisciplinary network cooperation in the emergency care environment
- describe the development needs for the care and service paths of patients in emergency care and plan evidence-based nursing procedures to improve the quality, safety and cost-effectiveness of emergency patient care
- critically analyse and develop one's own competence and ability to act as a nurse in the emergency care

- describe ethical problems and act according to ethical principles in the emergency care environment

R0412 Special Characteristics of Acute Nursing, 5 cr

The student is able to:

The Student is able to

- describe the responsibility, obligations and skills requirements of a nurse in acute emergency situations
- apply one's physiological and anatomical knowledge-base in the observation, assessment and care of a patient in acute care
- apply systematic and proactive nursing models in the assessment of the patient's status
- describe acute nursing laboratory, clinical physiology and X-ray examinations and interpret their results as part of safe patient care
- describe and plan how patient care technology and monitoring, examination and care methods can be used safely and effectively as part of critical and acute patient care
- apply methods of self-regulation for nurses in the processing of demanding and loading acute nursing situations
- apply and analyse the central methods for patient safety and occupational safety risk management in acute nursing

R041 DIVERSE EXPERTISE IN NURSING , 15 cr

Description:

The core of the module consists of the student analysing his or her competence and complementing it with expertise that exceeds the core competence. The student extends his or her capabilities to act as an expert of nursing in the changing social and health care environments. The student strengthens his or her cooperation skills as well as the knowledge base and skills required of an expert. Having completed the module, the student has the capacity to develop into an expert in the chosen area of expertise in the field.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules

Responsible persons:

Lohja: Aila Peippo

Hyvinkää: Nanna Peltosaari

Porvoo: Erja Annola and Maija-Leena Kukkonen

Tikkurila: Kirsi Ronkainen

R0265 Diverse Expertise 1, 5 cr

The student is able to:

The student is able to

- analyse and develop his or her expertise and keep it up-to-date in terms of the changing needs of social services and health care
- evaluate and develop his or her actions and the operation of the work community in multidisciplinary cooperation in different operating environments
- choose the appropriate methods to develop his or her expertise and justify those choices and act as an expert in a self-directive manner
- act as an expert in a self-directive manner

R0266 Diverse Expertise 2, 10 cr

The student is able to:

The student is able to

- analyse and develop his or her expertise and keep it up-to-date in terms of the changing needs of social services and health care
- evaluate and develop his or her actions and the operation of the work community in multidisciplinary cooperation in different operating environments
- choose the appropriate methods to develop his or her expertise and justify those choices
- act as an expert in a self-directive manner

R043 OVERALL SAFETY OF SOCIAL AND HEALTH CARE SERVICES, 15 cr

Description:

The core of the module consists of understanding and developing the overall safety of the social services and health care organisation. The core competence comprises the basics of safety management and risk management, and the prevention and management of challenging behaviour. Having completed the module, the student is able to develop the overall safety of the social services and health care organisation by applying different areas of safety management.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Porvoo: Lilja Palo and Aulikki Yliniva

R0267 The Basics of a Safe Workplace, 5 cr

The student is able to:

The student is able to:

- describe and explain the main concepts and approaches used in safety development
- identify and assess the dangers and risks involved in his or her work
- act in accidents and dangerous situations
- analyse safety as a part of a larger risk management process

R0268 Encountering Violence in the Workplace, 5 cr

The student is able to:

The student is able to

- hear and respond to the needs that the patient expresses by behaving in a challenging manner and this way prevent aggressive behaviour
- describe and explain the legal justifications for how and when the self-determination of the patient/client can be limited
- comply with the staff and patient safety principles in actions that limit a patient's self-determination

- act in compliance with the well-being and care principles, controlling his or her own feelings and behaviour
- discuss challenging situations with both the team and the client as well as re-establish the cooperation relationship with the client

R0405 Global Security and Well-Being, 5 cr

The student is able to:

The Student is able to

- discuss the impact of globalization on the well - being of the individual and the population
- describe the ethical principles, agreements and recommendations governing international cooperation in preventing and combating the threats to well-being
- analyze the most important international and national means of preventing and combating international social and health threats
- work in both domestic and international social and healthcare environments with the risks involved

R044 EXPERTISE IN MENTAL HEALTH, CRISIS AND SUBSTANCE ABUSE NURSING, 15 cr

Description:

The core of the module consists of the application of the therapeutic methods of mental health, crisis and substance abuse nursing and the evaluation of the impact of nursing interventions. Having completed the module, the student is able to justify the chosen nursing methods and implement safe medication in his or her chosen area of mental health or substance abuse nursing. The student is able to analyse national and international health challenges from the point of view of mental health and substance abuse nursing and promote reforming care processes and structures while also reinforcing shared expertise.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Hyvinkää: Minna Pulli

Tikkurila: Carita Saarikivi

R0270 Clinical Expertise and Therapeutic Methods in Mental Health and Substance Abuse Nursing , 10 cr

The student is able to:

The student is able to

- maintain and develop a customer relationship based on partnership while strengthening the resources and inclusion of the individual and the family
- apply and develop competence in therapeutic methods in his or her chosen area of expertise based on nursing recommendations and evidence based practice
- use and develop in a client-oriented manner the main guidance methods that are based on solutions and resources
- justify the effectiveness and influence of various nursing and guidance methods as a part of care
- promote the reform of nursing practices and structures by participating in the development networks and strengthening shared expertise
- implement medication treatment in mental health and substance abuse nursing in a safe and responsible way

- analyse the special features of medication treatment as part of the care of a mental health or substance abuse patient, and implement medication treatment safely according to good practices
- develop his or her expertise and work community in mental health and substance abuse nursing

R0271 Supporting the Patient During Crisis , 5 cr

The student is able to:

The student is able to:

- reflect on the different manifestations of a crisis and act in a multidisciplinary team as an active coordinator of nursing care provided for patients undergoing a crisis
- pay attention to the individual needs for care in the different stages of a crisis and act in a holistic
- in different care situations, bring up the client's experiences of the crisis and provide support for dealing with it through conversation
- analyse the effects of emotions evoked by a trauma, and also in encounters related to care after the trauma
- guide the client in choosing the right kind of crisis therapy and form of further treatment
- implement safe medication treatment as part of the support provided to a person experiencing a crisis
- use work guidance and collegial support to prevent indirect traumatising

R045 NURSING IN OUTPATIENT CARE, 15 cr

Description:

The core of the module consists of the registered nurse and public health nurse expertise required for appointments in outpatient care. Having completed the module, the student demonstrates a command of the knowledge and skills required at nurse's appointments. The student is also able to provide holistic care of the most typical client groups in outpatient care by utilizing multidisciplinary cooperation, the service network and digital services. The student acquires the capability to evaluate the health benefits achieved for the population and the realisation of the client-oriented approach in outpatient health care services.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules

Responsible persons:

Tikkurila: Marja Vellonen

R0272 Assessing the Need for Treatment and Decision-Making in Outpatient Care , 5 cr

The student is able to:

The student is able to

- use versatile observation and information gathering methods and tools in assessing the need for care of clients of different ages
- integrate evidence-based information and care recommendations in the decision-making process of nursing in outpatient care
- use digital methods and possibilities in a client-oriented manner to support the assessment of need for treatment, decision-making and guidance of clients.
- describe the client's service network and consult other experts
- direct the client to the right place of care smoothly and at the right time or guide the patient to perform self-care at home

R0273 Supporting Self-Care of Patients with Long-Term Illnesses or Infections , 5 cr

The student is able to:

The student is able to

- recognise the needs of a high-risk patient who needs a large number of services in an outpatient care
- assess the factors affecting the client's capability to perform self-care and the realisation of self-care, and give guidance to the client
- take advantage of communal resources and digital services to support self-care
- develop guidance directed to the needs of the different client groups in primary health care
- recognise the most common infectious diseases
- plan, implement and evaluate nursing of patients with long-term illnesses and infections and its impact in primary health care
- perform the most common examinations and treatment procedures during the patient's appointment with the nurse
- coordinate the overall care of patients with long-term illnesses and infections in multidisciplinary cooperation in primary health care
- evaluate and develop service path for patients with long-term illnesses and infections from a client-centered point of view

R0274 Digital Health Care Services Supporting Health Promotion, 5 cr

The student is able to:

The student is able to

- describe the concepts related to digital health care services
- discuss the challenges and opportunities related to the implementation of remote technologies and digital services in health promotion
- describe and explain what kind of services and solutions are available and their future development
- support and guide the client to improve his or her health independently as a user of digital services and as a contributor and a possessor of information about well-being
- use and take advantage of digital services, digital solutions and remote technology in the interaction in care relationship and in health promotion
- describe research results obtained on the influence of digital services and the known good practices in the field
- participate in development networks that aim to develop new digital working methods and operating models based on customer understanding

R046 ELDERLY FAMILIES AS CLIENTS IN NURSING, 15 cr

Description:

The core of the module consists of strengthening the student's competence in nursing elderly people in social services and health care. In this module, the student deepens his or her expertise regarding the knowledge and skills in taking care of elderly clients and the multidisciplinary service networks of social services and health care. Having completed the module, the student has the capability to identify factors that threaten the well-being of an elderly person, such as maltreatment and substance abuse, and to intervene to reduce those risk factors. Additionally, having completed the module, the student can implement a holistic geriatric assessment of an elderly client, assess the suitability of appropriate health technology and support the introduction of technology in a client-oriented manner and as a part of services provided for the elderly.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on

developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Lohja: Aila Peippo

R0275 Health Technology Supporting Elderly Persons Ability to Cope at Home , 5 cr

The student is able to:

The student is able to

- describe the basic concepts related to gerontechnology
- evaluate user experiences and the suitability of technology and technology-based services from the point of view of the client's health, functional capacity and quality of life
- support and guide an elderly person to use technology
- discuss the utilisation of health technology and its possibilities in services for the elderly, and the challenges related to introducing such technology
- describe and explain what kind of digital services and solutions are available and their future development
- participate in multidisciplinary development and networking collaboration in the field of health and gerontechnology while utilising customer understanding
- use and take advantage of technological solutions in the care of and services for an elderly person living at home
- describe research results obtained on the impact of technological solutions on the well-being of an elderly person

R0276 Elderly Clients in Social Welfare and Health Care , 10 cr

The student is able to:

The student is able to

- perform holistic geriatric assessment of elderly clients
- identify factors that threaten the quality of life and functional capacity of an elderly person and intervene to reduce risk factors
- support the quality of life and functional capacity of an elderly person by applying age-sensitive guidance methods, evidence-based practices and operating models in a client-oriented manner
- coordinate services for the elderly in the multidisciplinary service networks of social services and health care
- analyse the special features in the medication treatment of an elderly person, and implement medication therapy safely and according to good practices
- evaluate the effectiveness of the care of elderly persons at the level of both individuals and society
- coordination of the needs for treatment and care of elderly clients
- competence in developing and influencing the overall care of an elderly person

V139 COMPLEMENTARY COMPETENCE IN SOCIAL SERVICES, 0 cr

Description:

See the modules below. Please note that not all are offered in English.

R070 COMPETENCE IN CHILD WELFARE AND SOCIAL WORK WITH FAMILIES , 30 cr

Description:

Students completing this module will develop their competence in working with children, young people, and families from the perspective of strengthening the inclusion of their customers. Students will develop as a social worker in a psycho-social setting. Students will become familiar with the operating practices and processes for child welfare.

After completing the module, students will have the competence to meet with young people and families in different operating environments. The students will also be able to reflect on their own perceptions within the scope of their work.

Students can complete from 10 to 30 credits in this module.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Hyvinkää: Vuokko Pohjanoksa

R0365 Child Welfare, 10 cr

The student is able to:

The student is able to

- implement the principles and duties laid down in child welfare legislation in their work with children, who live at home or are in the care of social services
- recognise and assess the need for child welfare services
- discern and interpret the child's and the family's need for help at an early stage
- analyse the importance of early stage interaction and attachment in a child's life
- use network-like and resource-centred work methods

R0366 Social Work with Families , 10 cr

The student is able to:

The student

- is able to assess the functional capacity, strengths and challenges of families
- social work with families from the perspective of social guidance
- is familiar with the principles of social guidance as well as the practices and methods of social work with families when working with individuals or groups
- knows how to support families in different life situations

R0367 Social Work with Children and Young People , 10 cr

The student is able to:

The student is able to

- discern, recognise and assess the special help needs of children and young people
- support children and young people in different life situations and operating environments
- apply information related to the specific stage of a child's and young person's life

V107 CREATIVITY AND WELLBEING, 30 cr

Description:

After completing the module, the student will be able to act according to the principles of social pedagogy. After the

module, the student will be able to utilise creative activities in welfare work at different stages of a customer's life and in different customer environments. During the module, the student will develop the ability to combine skill and knowledge in the interfaces between welfare work and art. The module will provide the skill to recognise the needs of both the customer and the work community. The student's reflective skills, understanding of creativity and understanding of group interaction will increase during the module. Student will develop expertise in two of the following creative activities he/she has selected (music, movement and dance, drama or visual art). If they so wish, the student can build competence by specialising in the early childhood education operating environment.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules."

Responsible persons:

Tikkurila: Anne Eskelinen

R0142 Pedagogic Potential of Drama , 10 cr**The student is able to:**

The student

- acquires a command of social pedagogy work models that help build growth, development and inclusion using drama
- is able to plan, guide and evaluate group processes that utilise dramatic methods
- is able to apply the language of drama and theatre by examining and visualising difficult and important social questions
- is capable of being encouraging in drama and social work, of developing methods and influencing in the field of social expertise

R0381 Therapeutic Methods of Visual Art , 5 cr**The student is able to:**

The student is able to

- support a visual work process, where the process of creating an image is more important than the resulting image
- utilise the therapeutic qualities of the image in customer work and as support in occupational wellbeing
- guide and apply visual art activities as part of rehabilitative customer work or to support occupational wellbeing

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R0143 Pedagogic Potential of Visual Art, 10 cr**The student is able to:**

The student

- acquires a command of social pedagogy work models that help build growth, development and inclusion using visual art
- has a command of different visual art practices and the theoretical premises that apply to social services
- is able to understand through their own visual art work the potential of visual work in an individual's life
- is able to create their own vision of the communal, societal and global potential of visual methods

R0144 Pedagogic Potential of Exercise and Dance , 10 cr

The student is able to:

The student

- acquires a command of social pedagogy work models that help build growth, development and inclusion using exercise and dance
- is able to apply and use exercise methods and their theoretical premises in supporting individual and group wellbeing, and in rehabilitation
- is able to plan, guide and evaluate group processes that use exercise and dance methods
- is able to develop their own vision of exercise and dance, including the possibilities for using these and their specific methods in work in this sector
- is capable of encouraging exercise and dance, of developing and influencing the methods of exercise and dance in the field of wellbeing

R0145 Pedagogic Potential of Music , 10 cr

The student is able to:

The student

- acquires a command of social pedagogy work models that help build growth, development and inclusion using music
- are able to apply and use musical methods and their theoretical premises in supporting individual and group wellbeing
- knows how to plan, guide and evaluate musical activities and group processes in order to build growth, development and participation
- is able to understand through their own musical work the potential of music in supporting wellbeing and as a working resource
- is capable of encouraging, developing and influencing musical activities in the field of wellbeing

R0371 Special Methods of Exercise and Dance , 5 cr

The student is able to:

The student is able to

- create a community and environment that are inclusive and support a community-spirit and participation
- help, support and guide individuals in need of personal support through the methods of exercise and dance
- apply the therapeutic, rehabilitative dimension of exercise and dance in wellbeing sector work with individuals or groups

R0372 Therapeutic Potential of Music , 5 cr

The student is able to:

The student

- understands the therapeutic significance and potential of music in promoting wellbeing
- is able to apply and use music and different musical work methods therapeutically to support the customer's wellbeing
- is able to utilise their own musical resources in customer interaction and in supporting occupational wellbeing

R0373 Psychodrama and Sociodrama , 5 cr

The student is able to:

The student is able to

- build a group that is safe and has a good, functioning group dynamic
- understand the potential of psychodrama and sociodrama and their therapeutic dimensions in social work and health care
- use some of the key techniques for psychodrama and sociodrama and understands their theoretical background
- act responsibly in the interfaces of social work and drama activities

R071 ENCOUNTER ART, 15 cr

Description:

After completion of the module, students should be able to plan, guide and evaluate the encounter arts activities in the scope of daily work in the health care, social welfare and education sectors. During the module, the students learn the application of the encounter arts operating model and methods for art work. In addition to guiding one's own customer groups, the student must see to the group's work guidance process.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules

Responsible persons:

Tikkurila: Hannele Niiniö

R0370 Basics of Encounter Art, 5 cr

The student is able to:

The student

- has an understanding of the history, philosophy and most important principles of Encounter Art
- is able to analyse the factors that influence the creation of an image
- respects the importance and joy of every individual's self-expression and art work
- has an understanding of the current operating environments and future potential of Encounter Art
- can apply the principles of Encounter Art; respect, multisensoryness, structure, phasedness and making choices

R0383 Competence in Guidance of Encounter Art, 10 cr

The student is able to:

The student is able to

- creatively apply Encounter Art in work with different customer groups
- plan and implement Encounter Art group processes, art sessions and the related evaluation according to the objectives of each customer group
- utilise sharing of experiences as a tool for his/her own professional development and occupational wellbeing

R005 EARLY CHILDHOOD EDUCATION COMPETENCE, 30 cr

Description:

In this module, the students develop their specific and multi-disciplinary pedagogical competence and expertise in early childhood education. The students build up competence that supports a child's individual and communal

growth, development and learning. The students become experts of education, care and teaching in the area of early childhood education. After completing this module, the students may take on a leading role in a team of educators and act as an educational partner in multiprofessional networks. The studies contained in this module are part of the study path leading to the competence of a kindergarten teacher.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Otaniemi: Virpi Lund

Tikkurila: Maarit Koskinen

Hyvinkää: Maire Antikainen

R0093 Diversity and Special Nature of Early Childhood Education, 10 cr**The student is able to:**

The student is able to:

- assess a child's individual needs for growth, development and learning
- work in a goal-oriented manner and as required by the child's needs for special support and development
- work for a child in cooperation and in a family-oriented way in multiprofessional networks
- apply his/her competence in early childhood education in work, respecting the strengths of different children, families, cultures and views of education

R0094 Pedagogical Competence in Early Childhood Education, 10 cr**The student is able to:**

The student is able to:

- analyse the value base, aims and underpinning knowledge of early childhood education
- take a child's characteristic ways of acting into account in education
- recognize the significance of inclusion, communality and dialogical interaction in a child's growth, development and learning
- create preconditions for an educational partnership and cooperation

R0095 Competence in Guiding Early Childhood Education Activities, 10 cr**The student is able to:**

The student is able to:

- plan, guide and evaluate pedagogical activities and operational environments that meet the needs of children and groups of children
- apply functional and creative methods in education
- reflect upon an educator's actions and his/her own view of education

R069 SOCIAL WORK WITH ADULTS , 15 cr**Description:**

The module develops the student's theoretical and methodological competence, which they will need in social work with adults. In the module's study units allow students to improve their competence in using and applying methodological approaches to different people in different life situations with the aim of supporting their inclusion.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Tikkurila: Anne Rajamäki

Otaniemi: Kaijus Varjonen

R0363 Social Work with Adults and Social Guidance , 5 cr

The student is able to:

The student is able to

- describe the phenomena related to customer relationships in social work with adults and social guidance, and understand the societal background of these phenomena
- form an understanding of the theoretical premises, legislative premises and operating environments for social work with adults and social guidance

R0364 Rehabilitative Work Methods, Guidance and Provision of Advice in Social Work with Adults, 10 cr

The student is able to:

The student is able to

- use the methods of psychosocial support as well as life management and communal strengthening
- describe the principles of service management and financial aid
- use group-based guidance methods
- apply the theoretical premises and work orientation for social rehabilitation
- use work methods that promote the customer's participation and empowerment in different operating environments
- use the methods of crisis assistance and crisis work

R0413 Basics of Diversity and Multiculturalism, 5 cr

The student is able to:

The student is able to

- identify aspects related to cultural identity and cultural identity
- recognize migration in transnational context and historical, political, social, cultural, religious and global backgrounds, explanations and consequences of migration
- identify and reflect their own values, attitudes and prejudices
- promote equal treatment of people in society

B069 RENEWING LEGAL REGULATIONS IN SOCIAL SERVICES, 30 cr

Description:

The central goal of the module is to give the student an understanding of the societal significance as well as the structure and principal content of social legislation regarding social welfare and social services, as well as the special features in the legal status of different client groups in social work, especially children.

Having completed the module the student has a command of the principal content of key legislation regarding social welfare, especially as regards its fundamental rights and the client's key procedural rights and the appeals system. The student is able to apply legal sources regarding the rights of children, especially those that are legal norms in child welfare. The student has an understanding of international connections and contacts especially with regard to right of association. The student recognises and is able to apply the key legislation related to data protection in his/her work and knows the basics of recording information related to social welfare work.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Hyvinkää: Irma Pahlman

B0309 Juridification of Society and the Individual , 10 cr**The student is able to:**

The student is able to:

- demonstrate his/her understanding of the primary tasks and authority of key legislative powers, executive powers and jurisdictions
- explain what the principles relevant to hierarchy of legal sources and legal rulings are as well as to describe Finland's fundamental rights system and recognises the importance of human rights conventions
- explain what the operating practices in administrative work are and understands the principles of legal rulings as well as the basics of the social welfare and health care system
- to explain what the basics of labour and public service laws are
- to apply legislation relevant to the status and rights of a social welfare client and the employee's obligations

B0310 Clients in the Social Welfare System , 5 cr**The student is able to:**

The student is able to:

- apply the norms relevant to the status and rights of a social welfare client and the special legislation regarding different client groups in his/her work

B0311 A Child and Family as Social Welfare Clients , 10 cr**The student is able to:**

The student is able to:

- apply his/her knowledge of the norms regulating the legal status of the child, parents and family in his/her work

B0312 Privacy Protection in Social Welfare , 5 cr

The student is able to:

The student is able to:

- apply legislation relevant to the publicity of information and the transmission and filing of information
- perform his/her work observing the requirements related to secrecy and the duty to provide information
- apply the client documents act in his/her work

G111 MULTIDISCIPLINARY CUSTOMER WORK COMPETENCE IN THE SOCIAL SERVICES AND HEALTHCARE FIELD, 15 cr**Description:**

The core purpose of the module is for students to gain an understanding of human growth and development and of life's different stages.

After completing the module, the student is able to support the creation of an interactive relationship between people of different ages. The student is able to improve a customer's potential to develop his/her own personality and skills. The student is able to utilise various multidisciplinary methods when guiding activities according to a customer's needs.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Otaniemi: (hoitotyö) Anna-Kaisa Hankaniemi, (sosionomi) Annika Kultavirta

G8286 Different Stages of Human Life, 5 cr**The student is able to:**

The student is able to

- recognise and describe developmental entities and opportunities in different phases of a person's life
- evaluate the course of his/her client's life and give guidance

G8287 Similar, Different and Various Types of Opportunities, 5 cr**The student is able to:**

The student is able to

- recognise the specific challenges in a person's growth and development and know the service systems in use for these
- support his/her clients' different ways of learning and acting
- guide rehabilitative operations according to the client's needs
- encounter and resolve situations where challenging behaviour is exhibited

B0287 Diverse Family, 5 cr**The student is able to:**

Student is able to

- analyse the challenges related to the well-being of the family in today's society
- analyse the family's diversity and its internal relations
- appreciate the needs for support of the child and family in an early phase
- to use the network- and resource-centred work methods to support the family

R0368 Support for Interaction and Mentalisation , 5 cr

The student is able to:

The student is able to

- analyse interaction skills and situations as well as to guide the development of an interactive relationship in customer work
- support the creation of an interactive relationship between a baby, child, young person and a parent
- improve the child's and parent's mentalisation skills

R0369 Tools for Supporting Families in Social Services and Health Care , 5 cr

The student is able to:

The student is able to

- recognise the methods for preventative social work and health care with families
- use and apply various methods with families
- understand the significance of the families' participation and resources

R0434 Cultural Encounters and Supporting Integration , 5 cr

The student is able to:

The student is able to

- work in a multi-cultural working environment with a support of a culture sensitive work extract,
- can analyze the significance and the processes of integration according to the individuals, the communities and the societies point of view
- can use sociocultural methods when supporting individuals and communities in their integration processes

V143 COMPLEMENTARY COMPETENCE IN CORRECTIONAL SERVICES, 0 cr

Description:

See the modules below. Please note that not all studies are implemented in English.

V104 REHABILITATIVE SOCIAL WORK AND METHODOLOGY, 15 cr

Description:

The objective of the study units in this module is to develop professional expertise in customer work methods when working with individuals or groups as well as rehabilitation expertise in the field of social and correctional services. After completing this module, students are able to support and guide various customers and customer groups in a manner that is respectful to customers and in compliance with the ethical principles of field of social and correctional services. Students master rehabilitative processes and the paradigms that guide rehabilitative work. Students are able to advance, improve and plan their knowledge and skill bases of rehabilitative social work. Students advance their expertise in social rehabilitation and their mastery of participatory methods when acting within multidisciplinary networks.

Responsible persons:

Tikkurila: Eeva Järveläinen

01536 Methodology in Correctional Services, 5 cr

The student is able to:

The student is able to

- use various theoretical approaches and methodology in correctional and social services in the scope of customer work with individuals and groups in different operating environments
- evaluate and take responsibility for their own actions and their consequences
- use and evaluate various methods of customer work in a methodical and goal-oriented manner

V1528 Rehabilitative Social Work, 10 cr

The student is able to:

The student is able to

- respectfully work with various customers and customer groups of social services in the various operating environments of social work
- help prevent exclusion by taking a customer-oriented, activating and rehabilitative approach to their work, and applying participatory and pre-emptive methods
- plan, implement and evaluate actions that promote participation and rehabilitative processes in a multidisciplinary manner in various subject fields, while evaluating the work's influence

V105 REHABILITATION, INTOXICANTS AND MENTAL HEALTH, 15 cr

Description:

After completing the module, students have a command of the core concepts of intoxicant abuse and mental health care, along with the related theoretical, ethical and legal basics. Students are able to evaluate and support a person's life management and social coping skills while finding methods to support the rehabilitation process for reintegration and for influencing the factors that lead to repeat offences. Students are capable of working as a representative of their own field in a multidisciplinary team and in dialogue-based customer work. Students are able to use the methods of substance abuse work and rehabilitative work with an in-depth emphasis on pre-emptive, motivating and rehabilitating approaches.

Responsible persons:

Tikkurila: Eeva Järveläinen

V1531 Motivational Discussion, 5 cr

The student is able to:

The student is able to

- use motivating discussion methods in rehabilitative customer work and the rehabilitation of criminal offenders

V1529 Substance Abuse Work, 5 cr

The student is able to:

The student

- knows the legal and theoretical basics of substance abuse work
- is able to evaluate their own attitude of customers who abuse substances
- has the ability to encounter customers, who abuse substances, and choose methods that support survival and rehabilitation
- can evaluate a customer's use of intoxicants and, if necessary, guide them to substance abuse services

V1530 Mental Health Care, 5 cr

The student is able to:

The student

- knows the core concepts of mental health care and the related legislation
- recognises a psychological crisis and is able to support customers in different phases of the crisis
- recognises the most common mental health issues and is able to encounter persons with psychological symptoms and guide them to appropriate care
- implement pre-emptive and rehabilitative mental health care that also takes the customer's family into account

V106 MANAGEMENT AND DEVELOPMENT OF SECURITY IN CORRECTIONAL SERVICES, 15 cr

Description:

In this module, students learn about the systematics of security planning and the statistical modelling of risk management. After completing the module, students are able to manage security administration as a part of organisational development and to visualise security as a part of a larger risk management process. Students learn to evaluate the security risks of their own work organisation and to create a security plan to respond to these risks. Students gain basic knowledge of correctional services and are able to both recognise the risks to personal security in the field and manage them from the perspective of various personnel groups.

Responsible persons:

Tikkurila: Eeva Järveläinen

V1532 Managing and Developing Security in Correctional Services, 15 cr

The student is able to:

The student

- recognises security risks and is able to evaluate the significance of their consequences from the perspective of the operating environment
- uses risk management methods to develop the subject under observation
- understands the significance of the human factors on the realisation of risks and their management
- is able to create a security plan for the organisation and to develop the organisation's security culture in accordance with the security plan
- has a command of the operating models of the security management system in the field of correctional services

G134 COMPLEMENTARY COMPETENCE IN PHYSIOTHERAPY, 0 cr

Description:

See the modules below. Please note that not all are offered in English.

G105 REHABILITATION NETWORKS, 15 cr

Description:

The objective of this module is to develop the student's expertise in international rehabilitation networking.

After completing the module the student is able to act in national and international rehabilitation networks. The student is able to evaluate the challenges and develop the effectiveness of physiotherapy, as well as develop the operations in the field of physiotherapy networks.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Otaniemi: Johanna Ieskelä

G8298 National and Global Rehabilitation Challenges and Effectiveness, 5 cr

The student is able to:

The student is able to

- recognise and describe national and global rehabilitation challenges.
- apply the principles of sustainable development in his/her own work
- evaluate the effectiveness of rehabilitation and develop operations in a multidisciplinary and multicultural operating environment

Previous studies:

Studies in physiotherapy.

G8304 Optional Work Placement, 10 cr

The student is able to:

The student is able to

- critically evaluate his/her own professional actions and actively develop himself/herself, his/her own work and field of expertise by using investigative and developing approaches
- use his/her economical, administrative and management skills in his/her own physiotherapy work
- act as an agent with real influence in multiprofessional and multicultural networks

G133 PPROMOTION OF WELL-BEING AND FUNCTIONAL CAPACITY, 15 cr

Description:

The objective of the module is to develop the student's physiotherapy competence in the promotion of the client's functional capacity and well-being.

Having completed the module, the student is able to apply different assessment and exercise methods in physiotherapy. The student is able to evaluate and develop his or her special competence and services in the client's different operating environments. The student can anticipate future challenges in well-being and create solutions.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

G8291 Nutrition as Support for Wellbeing, 5 cr

The student is able to:

The student is able to

- describe the basic functions of the digestive system and its regulation and the effect of physical activity on nutrition
- describe and recognise the significance of nutrition for the wellbeing of people in different ages
- evaluate the client's body composition and support dietary habits that promote a client's wellbeing
- design approaches that take physical activity and nutrition into account and promote the client's overall wellbeing.

G8371 Competence in Complementary Physiotherapy Methods , 5 cr**The student is able to:**

The student is able to:

- deepen his or her competence in physiotherapy methods
- use the new physiotherapy methods he or she has learned and evaluate their appropriateness for the client

G8372 Project on Promoting Functional Capacity , 5 cr**The student is able to:**

The student is able to:

- plan activities that promote the client's functional capacity and well-being
- use project work methods and tools in the implementation of projects
- implement, assess and report on a working-life oriented project that promotes functional capacity and well-being

V134 EMPOWERING MULTICULTURAL CLIENTS, 30 cr**Description:**

In this study module, students will be able to gain expertise in multicultural and global social services and the best practices aimed at promoting multicultural clients' overall wellbeing and empowerment.

Students will be able to recognize the impact of globalization on multicultural clients' wellbeing and to increase their awareness of ethical knowledge, values, principles, legislation and recommendations in global social service policies.

Students will become acquainted with creative methods and client empowering communication as well as multicultural family work and mental health promotion and further develop innovative and future-oriented solutions for sustainable service design.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Tikkurila: Tiina Wikström

V1633 Global Challenges and Possibilities within Social Services, Community Work and Client Counselling, 5 cr

The student is able to:

The student is able to

- broadly perceive different local and global factors that influence Social Services now and in the future
- identify different local and global programs and future plans within Social Services
- recognize different ethical, creative and sustainable working methods in Social Services, community work and client counselling
- identify and acknowledge the best practices and multi-professional, creative and sustainable solutions within Social Services, community work and client counselling

V1634 Supporting Multicultural Families, 5 cr

The student is able to:

The student is able to

- demonstrate knowledge and understanding of social work principles, practices and methods used with multicultural individuals and families
- analyze the process of cultural adaptation and its impact on the development of a cultural identity
- understand the role of family work
- use various methods and means of family work
- demonstrate knowledge of legislation associated with children & families
- analyze cultural structures and processes that produce inequality

V1635 Mental Health and Wellbeing Promotion with Multicultural Clients, 5 cr

The student is able to:

The student is able to

- understand the basic principles of mental health and wellbeing
- broadly perceive different local and global factors that affect the mental health and wellbeing of multicultural clients
- recognize the mental health and wellness needs of different multicultural client groups in different life situations
- identify and acknowledge different local and global programs, creative methods and best practices that promote multicultural clients' wellbeing now and in the future

V1637 Creative Methods in Empowering Multicultural Clients, 10 cr

The student is able to:

The student is able to

- understand the theoretical basis of arts and creative methods within the social context
- use creative methods to empower a sense of community in a multicultural environment
- understand creative expression as an alternative way of communication
- use creative methods to strengthen the inclusion of clients

V1643 Constructive communication with Multicultural Clients, 5 cr

The student is able to:

The student is able to

- use empathetic interaction to empower multicultural clients
- engage empathetically with self and others
- approach clients on a needs and values basis
- engage in challenging communication situations

V081 CLINICAL NURSING, 15 cr

Description:

The core of this module is to implement values, principles and ethical codes as well as patient safety in perioperative nursing. Students are able to recognize needs and areas for development in perioperative nursing. After module student can work as a member of multi-professional team during nursing basic perioperative processes.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Tikkurila: Tuula Ikonen

V1638 Health Assessment in Primary Health Care, 5 cr

The student is able to:

The student is able to

- identify knowledge and skills affecting health and health assessment
- plan, implement and evaluate health status and needs of an individual patient visiting in health centre
- evaluate the meaning of professional interaction and cooperation with individual client in different health assessment situations
- understand meaning of culturally competent health assessment in primary health care
- recognize different methods of client and patient empowerment in primary health care
- assess the need for consultation and multiprofessional team work in primary health care

Contents of the study unit:

- Meaning of health assessment in primary health care
- Primary health care service systems, service and care chains, regulations, organizations, economical factors, applied assessment technologies and techniques
- Preparation for health assessment and work with individual client / patient
- Cultural assessment, developmental assessment, system assessment
- Patient guidance and support for self-care
- Patient documentation in primary health care

Study unit description:

The competence gained in the study unit relates to concept of health and health assessment within the professional nursing in primary health care environments. Specific skills of physical, psychological, and socio-cultural assessment are taught and practiced. Students will be able to utilize different knowledge of evidence based information of the recommendations of most common care paths (Käypä hoitosuositus).

V1639 Advanced Perioperative Nursing, 5 cr

The student is able to:

The student is able to

- assess and analyze the patient's needs for care in different perioperative and intraoperative nursing environments
- utilize nursing science and multidisciplinary information on the decision-making process
- plan, implement and evaluate advanced perioperative and intraoperative nursing process

Contents of the study unit:

- Perioperative and intraoperative nursing processes
- Different fields of perioperative nursing
- Preoperative assessment techniques and preparing the patient for the operation – intraoperative nursing process
- Postoperative assessment techniques and documentation
- Advanced medication and calculations
- Cooperation with other professionals

Study unit description:

The core of this study unit is to implement values, principles and ethical codes as well as patient safety in advanced perioperative nursing. Students are able to recognize needs and areas for development in perioperative nursing. After study unit students are able to work as members of multi-professional team during advanced perioperative nursing processes.

V1640 Caring for Critically Ill Patients, 5 cr

The student is able to:

The student is able to

- practice in a patient representative manner in critical care nursing
- define "a status" of critically ill patient and perform nursing by 1) recognizing the changes and needs, 2) planning and performing interventions and 3) assessing the outcomes
- provide nursing care interventions as a member in multiprofessional team
- provide patient safety
- support the integrity of critically ill patients and their families when encountering the patients and their families
- implement evidence based nursing interventions, protocols and procedures, programs and theories of caring critically ill patients
- document the given care in different care environments to facilitate the continuity of the care of critically ill patient

Contents of the study unit:

- Values, principles, ethical codes and philosophy of caring for critically ill patients in different care environments
- Advanced Life Support (ALS)
- Evidence based knowledge of critically ill patients care: information on equipment, instruments, and technology used in monitoring, assessing and maintaining patients vital functions
- Maintaining patient safety (risk management, ergonomics, infection control and aseptic practice, occupational safety)
- Structured documentation of critically ill patient
- Team work and cooperation when caring critically ill patients
- Principles of crisis psychology when encountering the patients and their families with critical situations

Study unit description:

The study unit is performed as e-learning supported theoretical, simulation and e-tivity studies where the students practice in situations for caring critically ill patients in nursing and multidisciplinary teams. In simulation laboratories they learn to recognize changes in vital functions and to protect vital functions in changing intensive care nursing care situations and learn how to support the integrity of patients and their families when encountering the patients and their families during intensive care. In e-learning environment the students practice intensive care nursing by searching and using evidence from research, evidence-based theories, and experiences of opinion leaders / expert panels. During the study unit they achieve skills for clinical decision making by: assessing patient's history and

physical exam, availability of healthcare resources; seeking information concerning patient preferences and values; and defining clinical expertise.

V082 HEALTH AND WELLBEING FROM GLOBAL PERSPECTIVE, 30 cr

Description:

In this study module students will be able to gain expertise on different innovative solutions and best practices aimed to promote health and wellbeing globally, on individual, community and society level. Students will be able to recognize the impact of globalization on health and wellbeing and to increase their awareness of ethical knowledge, values, principles, legislation and recommendations in global health and wellbeing policies. Students will be able to analyze effective innovative and technological models and projects in health and wellness promotion worldwide. Students are also able to recognize and practice different multidisciplinary ways and methods of wellness promotion in different contexts within social and health care.

Learning process:

The competences described in the module can be developed either by participating in study units or working in projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Tikkurila: Tuula Ikonen

01465 New Technological Solutions and Innovations for Social and Health Care, 5 cr

The student is able to:

The student is able to

- identify current technological solutions and innovations for social and health care
- recognize differences and similarities in challenges related to the aging of global population, such as loneliness and changes in service structures
- evaluate methods for developing technological solutions for social and health care
- gain more project based learning, know-how and competence in utilizing ideas of technology for social and health care
- analyse ethical aspects in health and wellness related technology

Contents of the study unit:

-best practices for using technological solutions for social and health services in different countries
-end-users as co-developers of technological solutions and services
-different eServices promoting health and wellness
-technology and the challenges of the aging population – innovative examples from different EU and other projects
-empowering clients and patients through different methods of self-expression and social connectivity

Study unit description:

NoStudents will be able to analyze effective innovative and technological models, good practices and projects in health and wellness promotion worldwide. Students are also able to recognize and practice different multidisciplinary ways and methods of wellness promotion in different contexts within social and health care. This study unit is partially integrated into Laurea's ongoing and already completed projects. The different projects introduced during the course focus on ICT solutions and enhanced end-user engagement and are meant to promote the wellness and health of all, especially the aging population. Some of the key themes approached through the innovative use of ICT include user-friendly eServices, empowerment through storytelling, enhanced mobility or motility and social connectivity and quality of life.

01464 Global Health, 5 cr

The student is able to:

The student is able to

- recognize the impact on globalization on health
- increase awareness of ethical knowledge, values, principles, legislation and recommendations in global health
- analyze effective models in health promotion worldwide

Contents of the study unit:

-recognize the impact on globalization on health
-increase awareness of ethical knowledge, values, principles, legislation and recommendations in global health
-analyze effective models in health promotion worldwide

Study unit description:

In this study module students will be able to gain expertise on major contemporary issues and challenges of global health with an interprofessional perspective and social approach. It is open to students from all disciplines. Students will examine global disease burden and distribution, health determinants and disparities, health policy, and the challenges and outcomes of global health interventions. Key global health themes to be explored would include: communicable and non-communicable diseases, environmental health, child health, reproductive health and rights, and health among refugees and displaced population. Topics will be examined in relation to global interdependency, highlighting how both global and disparities and global health policy responses are shaped through global ties and tensions.

V1362 Wellness at Work, 5 cr

The student is able to:

The student is able to

- broadly perceive different local and global factors that promote wellness at work in different fields
- identify different local and global programs, plans and good practices for wellness at work
- recognize and practice different ways and methods (such as multisensory methods, art, relaxation, NLP and other cognitive methods, narrativity, solution-oriented and supervisory methods etc.) of reducing work-related stress factors and health and wellness risks, both in their own student lives and future working lives
- identify and acknowledge the best practices from employee to manager to impact wellness at work

01439 Current Developments and Innovations in Social and Health Care in Finland, 5 cr

The student is able to:

The student is able to

- understand the Finnish social and health care system in the context of national and international social and health policy
- identify and evaluate the social and health needs on individual and community level in Finland in comparison to his/ her own country
- recognise differences / similarities in current developments and innovations in the social and health care service systems, social and health care programs, laws, regulations and economic factors in comparison to his/ her own country
- recognise different methods of client and patient empowerment within social and health care in comparison to his/ her own country

Contents of the study unit:

- global and national trends, current developments and innovations in health issues, social and health policy
-social and health needs in Finland and in other countries, prevention of diseases and client empowerment
-social and health care service systems, service and care chains, regulations, organisations, economical factors, applied welfare technologies

-guidance, consulting and networking within client and patient empowerment

Study unit description:

In this study module students will be able to gain expertise on different innovative solutions and best practices aimed to promote health and wellbeing globally, on individual, community and society level. Students will be able to analyze and evaluate the social and health care service systems, social and health care programs, laws, regulations and economic factors in comparison to his/ her own country.

01440 Multicultural and Multidisciplinary Professional Competences, 5 cr

The student is able to:

The student is able to

- acknowledge his/her cultural and professional knowledge and skills in the multicultural and multidisciplinary issues
- gain more cultural know-how and competence in studying and working in international environments and society
- evaluate his/her own value bases from the multicultural and multidisciplinary point of view
- recognise the significance of his/her professional competences in relation to global interactions and sustainable development

Contents of the study unit:

- students' experiences of cultural differences, living and learning abroad
- higher education in different countries promoting multidisciplinary competences
- ethical issues and special questions in different cultures and fields of services
- study module applies Multisensory method
- International Weeks at Laurea Tikkurila

Study unit description:

In this study module students will be able to gain expertise on different innovative solutions and best practices aimed to promote multicultural and multidisciplinary professional competences. Students will be able to recognize the impact of globalization on health and wellbeing and to increase their awareness of ethical knowledge, values and professional competences. Students are also able to recognize and apply different multidisciplinary ways and methods such as Multisensory method in promoting professional competences.

V1622 Accessible Service Environments, 10 cr

The student is able to:

The student is able to

- evaluate service environments in accessible perspective
- use innovative methods in generating ideas for new services
- adopt a people centred, empathetic and ethical approach
- conduct qualitative research, development and innovation projects

R020 OTHER COMPLEMENTARY COMPETENCES, 15 cr

Description:

The aim of the studies offered in this module is to develop student's basic knowledge and skills. The studies will give basic abilities for the student to be able to manage on his/her studies in his/her field of studies. The student will conduct the appropriate studies from this module according to the initial tests or his/her needs. After completing the studies the student will have gained basic knowledge and skills to develop his/her skills to apply these competences.

Also other studies which develop professional skills can be offered in this module. Studies completed elsewhere can always be placed in this module.

Learning process:

The competences described in the module can be developed either by participating in study units or working in

projects. Please note that in some education forms projects are the primary way of gathering credits.

In the projects you participate in the development work of domestic or international businesses and communities and in project work. The language used in the project can be either Finnish or English. Projects can also focus on developing the student's own business. The topic of the project and the competences developed by participating in it will be clarified when the project is added to the study offer. The scope of the project will be agreed on in each case. The competences generated in the projects can partly be included in the learning outcomes of some other module(s) and thus the credits can be divided between several modules.

Responsible persons:

Hyvinkää, sote: Terhi Hautaviita

Lohja, sote: Anu Elorinne

Porvoo: Erja Annola

Tikkurila: Marja Vellonen

G8292 Applied Physical Activity, 5 cr

The student is able to:

The student is able to

- describe the significance of the disorders or defects of the cardiovascular system and respiratory system with regard to a person's wellbeing and functioning
- evaluate and improve the client's functioning with methods of applied physical activity
- evaluate and develop assistive technology appropriate for the client's needs and supporting activity and participation

G8325 Multidisciplinary Evaluation Methods in Rehabilitation, 5 cr

The student is able to:

Student is able to

- identify and describe the goals and assessment of rehabilitation with the help of different evaluation methods used in the field of rehabilitation
- describe the goals and assessment of rehabilitation using the GAS method
- analyse and assess the feasibility and appropriateness of GAS in proving effectiveness

G8328 Supporting Functional Capacity, 5 cr

The student is able to:

Student is able to

- describe how circulatory and respiratory insufficiencies affect a person's well-being and ability to function
- assess the performance of the cardiovascular and respiratory systems in people of different ages
- provide guidance on good lifestyle choices (physical activity, nutrition) to people of different ages

G8272 eService Competence, 5 cr

The student is able to:

The student is able to

- use and apply nontraditional services for client needs
- describe eService concept from his/her own sector's perspective
- analyse and evaluate eServices and explain their meanings within renewal of services
- innovate and develop various eService ideas, or the service processes related to the ideas.

V1261 First Aid, 1 cr

01531 Ups and Downs in a Relationship, 5 cr

The student is able to:

Students are able both to develop their professionalism in relationships and their relationship skills. Those who achieve a pass in the course

- are aware of the key issues that relate to starting, maintaining and terminating relationships and the relevant solutions.
- are able to apply the theory, practice exercises, face-to-face instruction, and assignments covered during the course, as well as the discussions connected with these, in their own relationships and professional work.

Contents of the study unit:

Omien taustojen merkitys parisuhteelle, parisuhteen vaiheet, roolimallit, tunteiden tunnistaminen, ristiriitojen käsittely, pariviestintä, yksinäisyyden ja kumppaniin kohdistuvien toiveiden käsittely, seksuaalisuus sekä pettymysten ja eron selvittelykeinot.

Etukäteis- ja välitehtävissä käytettävä kirjallinen materiaali:

Pruuki, Timoria & Väättäinen: Pari suhteessa. Tunne itsesi, uskalla rakastaa (Otava, Keuruu 2013).

Luukkala, Jouni: Kukoistava parisuhde - parisuhteen psykologia (Duodecim 2015)

Kallio, Maaret & Kontula, Osmo: Happy End - Seksuaalisesti vireät pitkät parisuhteet (WSOY 2015)

Ammatilliseen reflektointiin käytetään materiaaleja mm. osoitteessa

<http://www.city.fi/blogit/suhdeklินิกka>

V1360 Directive of Maternity Care, 1.5 cr

The student is able to:

The Student is able to

- to understand the subsections of Maternity Health directive
- to use evidence-based reference material that is related to Maternity Health
- to work in a small group
- to creat a portfolio describing own skills on the basis of the seminar presentation

Contents of the study unit:

- äitiysneuvola
- perhevalmennus
- äitiyspoliklinikka
- synnytysosasto
- synnytys sektiolla
- synnytysvuodeosasto
- imetys lapsettomuushoidot

R0439 Directive of Maternity Care, 1.5 cr

The student is able to:

The Student is able to

- to understand the subsections of Maternity Health directive
- to use evidence-based reference material that is related to Maternity Health
- to work in a small group
- to creat a portfolio describing own skills on the basis of the seminar presentatio