

TOTEUTUSSUUNNITELMA
Muokattavana

Opintojakso	Wellness in the Service Sector (A0086), 5.0
Toteutus	MPA1111: 1/2011-2012 (29.08.2011 - 19.12.2011)
Tyyppi	AMMATILLISEN KASVUN KÄYNNISTYMINEN (A011)
Ryhmät	Ensisijainen: MPA11SN Muut:
Projektissa mukana	
Luennoitsijat	
Osallistujamäärät	Minimi: Maksimi:
Ilmoittautumisaika	23.05.2011 08:00 - 05.06.2011
Pääsääntöinen toteutusajankohta	
Soveltuvuus	Vaihto-opiskelijoille: Kyllä Vapaasti valittaviin: Kyllä Avoimen opisk: Kyllä Soveltuu virtuaali-AMK:n opintoihin: Ei
Opettajat	Guilland Auli (Vastuupettaja)
Kampus	Laurea Leppävaara
Pääsääntöinen toteutuspaikka	
Toteutustapa	Muu toteutustapa, Optimatoteutus/opiskelijaryhmä Kieli: englanti Virtuaalisuus: 0 op T&k-integraatio: 5 op
Toteutusluokka	
Painoalat	
Arviointi viimeistään	18.01.2012 Suoritusmateriaalin arkistointi päättyy: 20.12.2012
Tenttipäivät	
Opintojakson suoritettuaan opiskelija osaa	*Support the well-being of customers *Promote well-being in their own areas of expertise through their own actions
Edeltävät opinnot	
Osaamistavoitteet	Students became familiar with challenges and responsibilities related to occupational health and well-being. They understand their own role in promoting well-being in service sector. The students identify means of developing health and well-being and find suitable ways to transmitting this knowledge in service sector to the staff and the customers.
Keskeinen sisältö	Occupational health and well-being - Law and act in Finland Main challenges in occupational health in service sector Means of promoting health and well-being in the service team Well-being services
Ohjaus ja viestintä	Working during the study unit is based on interaction and cooperation. Most important communication channel is Optima.
Arviointikriteerit ja arviointimenetelmät	Excellent 5 • Apply professional concepts expertly. • Comply with occupational safety instructions responsibly and independently. • Justify activities using research knowledge. • Work independently and take initiatives in line with objectives. Operations are often flexible, systematic, development-oriented, creative and active. • Select the appropriate techniques and models for activities, and justify the choices. • Act in customer-oriented ways and according to the situation. • Promote group activities. • Able to critically apply ethical principles in the subject field in one's conduct and tasks. Good 3-4 • Apply professional concepts systematically.

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	• Apply occupational safety instructions in their activities. • Justify, compare and analyse their activities using general guidelines. • Able to cope independently in different tasks in each operating environment. • Apply acquired techniques and models diversely. • Act professionally in customer situations. • Work in a group in line with objectives. • Justify their activities in accordance with ethical principles. Satisfactory 1-2: • Apply most important/individual and appropriate professional concepts, and indicate their familiarity with the knowledge base. • Act safely, although activities are often schematic/ experimental/ fumbling/ self-involved. • Comply with rules and instructions, and justify their activities using provided instructions. • Act appropriately under guidance. • Use acquired techniques and models. • Take customers into account in their actions. • Act as group members. • Act in accordance with ethical principles
Projekti/hanke (nimi)	Wellness in Service Sector: DeLi
Käytettävät T&K menetelmät	Reading and interpreting scientific articles, Team working
Opiskelijan työmäärän jakautuminen	
Muut toteutusjärjestelyt	Excursions

Oppimistapahtumat

Pvm	Klo	H	Aihe	Sisältö	Tila	Opettajat
02.11.2011	9-15:50	6	Occupational health	9-12:00 Introduction Guest lecturer Senior Physician, Dr of occupational medicine Jan WIKLUND, Lääkärikeskus: Occupational health / employers engagements and means of promoting health and wellbeing - presentation by a special in occupational medicine Presentation of Litterature assignement and Course task 14- 15:30 Excursion : Hotel Helka, Pohjoinen Rautatiekatu 23, 00100 Helsinki Managing director Henry LAINE	LvTyö / Työväenopisto 1.krs	Auli Guiland
03.11.2011	12:45 - 15:30	3	Research on occupational health	Presentation in Finnish language: Työterveyslaitoksen esittely, tiedotusassistentti Marianne Joronen, Viestintä Muisti työssä,erikoistutkija <i>Virpi Kalakoski</i> , Työajat, vireys ja ammattiliikenne -tiimi Millainen on hyvä työyhteisö, johtava konsultti <i>Saija Koskensalmi</i> , Työyhteisöpalvelut-tiimi Työterveyslaitos työnantajana, HR-asiantuntija <i>Heli Matikkala</i> , Henkilöstöpalvelut-tiimi	Excursion : Finnish Institute of Occupational health, Työterveyslaitos, luentosali, 3 krs. Haartmani	
09.11.2011	8-15:30	7	Wellness care	Excursion 8-12:30 - Bus transport from	Morning	


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				the school. Arrival in Siuntio at 9. Siuntion Hyvinvointikeskus Lepopirtintie 80 02570 SIUNTIO www.siuntionhyvinvointikeskus.fi (lunch in Siuntio restaurant for 5,40 euros/person) 13:00-15: 00: Class 205 - Literature assignment work and presentations	Siuntio, Afternoon class 205	
10.11.2011	12.30 - 16	3	Work teams and social relationships	!2:30 - 14:00 Literature assignment presentations 14:00 - 16:00 Guest lecturer Antti KYLLIÄINEN	182	
16.11.2011	9-16	7	Health and wellbeing	Lecture: Human dignity and Tolerance Course task - team work	9-12 : LvTyö -Työväenopisto 1.krs; 12:30-16: 205 & 205 A	
23.11.2011	9-16	7	Psychological wellbeing	Guest speaker: H Peltonen, AA Guest speaker: Annuka Sältin, Nomi Team work on course task (DeLi Coordinator Sangit LAMA present). Final course tasks are transmitted to DeLi coordinator latest on November 30th, 2011.	9-11:30 LvTyö - Työväenopisto 1.krs; 11:30-16 class 009	
30.11.2011			Course task returned	Each team returns their course task by transmitting it to Sangit LAMA (see email address in course task description).	Email	