

## Implementation plan Finished

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|--------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Study unit                                             | Foundations of Creative Methods (G0210), 5.0                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| Implementation                                         | SWG1311: 1/2013-2014 (26.08.2013 - 31.12.2013)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Type                                                   | EMPOWERING CLIENT WORK (G017)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Groups                                                 | Primary: SWG12SN Others :                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Involved in the project                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Lecturers                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Number of participants                                 | <b>Minimum: Maximum:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| Enrolment period                                       | 20.05.2013 08:00 - 02.06.2013                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Main timing for implementation                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Applicability                                          | <b>For exchange students:</b> Yes <b>For elective studies:</b> No <b>Open UAS student:</b> No <b>Suitable for virtual UAS:</b> No                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Teachers                                               | Ukkola Hillevi (Teacher in charge), Ekström Maria (Other teacher), Rantanen Veikko (Other teacher), Voutilainen Reetta (Other teacher)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Campus                                                 | Laurea Otaniemi                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Main location for implementation                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Implementation method                                  | Other method of implementation <b>Language:</b> English <b>Virtuality:</b> 0 cr <b>Integration of R&amp;D:</b> 0 cr                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Implementation class                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Focus areas                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Evaluation at the latest                               | 20.01.2014 <b>Storing of graded material ends.:</b> 20.12.2014                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Exam days                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Having completed the study unit the student is able to | · use creative methods and act creatively in an empowering way when working with individuals and client groups.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Previous studies                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| Study material                                         | EXAM<br>MATERIAL: <b>MUSIC:</b> <a href="http://stress.about.com/od/tensionamers/a/music_therapy.htm">http://stress.about.com/od/tensionamers/a/music_therapy.htm</a> <a href="http://www.r">http://www.r</a><br><b>EDUCATION:Choose one of the following books:</b><br>1. <b>Introduction to TEACHING PHYSICAL EDUCATION. Jane M. Shimon.2011. Pages: 35-49, 51-111, 127-133.</b><br>2. <b>ADAPTED PHYSICAL EDUCATION AND SPORT. Joseph P. Winnick( ed.). Fifth Edition. Pages: 22-39, 101-145, 195-211, 215-230, 425-437 ....</b><br>3. <b>PHYSIOLOGY OF EXERCISE AND HEALTHY AGING. Albert W. Taylor, Michel J. Johnson. 2007. Pages: 116-177 . LECTURES from 4.10.2011.</b><br>4. <b>TEACHING PERSONAL AND SOCIAL RESPONSIBILITY through Physical Activity. Don Hellison. Third Edition. Pages: 63-114, 149-173.</b><br>EXAM DAY: |
| Other arrangements                                     | Offered for 1 -3 Open University Students as well.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

## Learning events

| Date       | o'clock/at h  | Subject       | Content | Status | Teachers        |
|------------|---------------|---------------|---------|--------|-----------------|
| 03.09.2013 | 12.30-15.45   | PE Lecture    |         |        | Hillevi Ukkola  |
| 24.09.2015 | 12.30 - 15.30 | PE Lecture    |         |        | Hillevi Ukkola  |
| 05.10.2015 | 12.30 - 15.30 | Music Therapy |         | 327    | Veikko Rantanen |

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|            |               |   |                       |  |     |                                    |
|------------|---------------|---|-----------------------|--|-----|------------------------------------|
|            |               |   | Group 1               |  |     |                                    |
| 07.10.2015 | 12.30 - 15.30 | 4 | Music Therapy Group 2 |  | 327 | Veikko Rantanen                    |
| 08.10.2015 | 12.30 - 15.30 | 4 | Music Therapy Group 1 |  |     | Veikko Rantanen                    |
| 21.10.2015 | 12.30-15.45   | 4 | Music Therapy Group 2 |  | 327 | Veikko Rantanen                    |
| 03.11.2015 | 8.30-11.45    | 4 | Music Therapy Group 1 |  | 327 | Veikko Rantanen                    |
| 04.11.2015 | 8.30-11.45    | 4 | Music Therapy Group 2 |  | 327 | Veikko Rantanen                    |
| 19.11.2015 | 8.30-11.45    | 4 | Exam                  |  |     | Veikko Rantanen,<br>Hillevi Ukkola |