

Implementation plan Finished

Study unit	Health Promotion and Nursing in Noncommunicable Diseases (R0062), 10.0
Implementation	SNV1521: 2/2015-2016 (04.01.2016 - 23.06.2016)
Type	SAFE AND ETHICAL PROMOTION OF HEALTH AND WELFARE (R017)
Groups	Primary: SNV215SN Others :
Involved in the project	
Lecturers	
Number of participants	Minimum: 20 Maximum: 40
Enrolment period	30.11.2015 08:00 - 07.12.2015
Main timing for implementation	On working days during daytime
Applicability	For exchange students: No For elective studies: No Open UAS student: No Suitable for virtual UAS: No
Teachers	Mulder Riikka (Teacher in charge), Alastalo Mika (Other teacher), Tamankag Emmaculate (Other teacher), Vierula Jonna (Other teacher)
Campus	Laurea Tikkurila
Main location for implementation	At the campus
Implementation method	Optima realization/student group, Web/virtual Language: English Virtuality: 3 cr Integration of R&D: 0 cr
Implementation class	
Focus areas	Expertise in nursing and coping at home
Evaluation at the latest	23.07.2016 Storing of graded material ends.: 23.06.2017
Exam days	
Having completed the study unit the student is able to	The student is able to • act safely and ethically within the health care service system • take into account the significance of national and global health challenges in promoting population health • promote client's well-being and health in different phases of life • use nursing interventions of the most common noncommunicable diseases • use methods of early intervention in the prevention of noncommunicable diseases • use eHealth services when providing holistic nursing care to the client
Previous studies	
Previous studies, more information	Open University Students who wish to enroll and participate this study unit must have completed Laurea UAS studies: • R0057 The Basics of Nursing Care 5cr • R0072 The Basic Nursing Interventions 5cr • R0073 The Basic Nursing Intervention, Clinical Studies 10cr
Contents	Main Contents:Part 1. Patient education, guidance and non-communicable diseases 6cr • Definitions of health • The health needs of the Finnish population • Primary, secondary and tertiary prevention • Individual empowerment for self-management of health • Health education, patient guidance and different guidance methods • Rehabilitation • The prevention and nursing care of non-communicable diseases • Chronic care model • Cerebrovascular Accident patient • Patient with respiratory problems (Astma, COPD,) • Patient with heart problems (Coronary Artery disease) • Patient with different skin diseases (Allergies)

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	• Patient with diabetes • Renal patient • Patient with Cancer • Patient with Pulmonary Embolism • Patients with special diets Teaching methods: lectures, group work, On-line tasks / assignments, video project and seminar. Part 2. Maternal care and life in different ages 1,5 cr • Family health promotion • Maternity care (incl. pre- and postpartum) • Health promotion of women and sexual health • Development and health in different ages (especially children and youngsters) Part 3. Internal Medicine 1,5 cr (On-line) 1. Internal Medicine - What is it? 2. The different illness within the scope of internal medicine • Cardiovascular diseases • Respiratory diseases • Neurological diseases • Endocrinology disorders • Renal diseases • Liver diseases • Cancer • Illnesses and problems with gastrointestinal track 3. Internal medicine Main investigations and laboratory tests (<u>Etiology, Risk factors, Symptoms and Diagnosis</u>) Part 4. Pharmacology I 1 cr (On-line) • Pharmacodynamics • Pharmacokinetics • Toxicology • Medications for cardiovascular diseases • Antithrombotic medications • Diabetes medications
Study material	Part 1. Course study material will be informed later. Part 2. Material: • Kozier B., Erb G., Berman A., Snyder S., Harvey S. & Heulwen M-S. 2012. Fundamentals of Nursing. Concepts, process and practice. 2nd edition. Chapter 7: Child health. • Butkus S.C. 2015. Maternal-Neonatal Nursing made incredibly easy. 3rd edition. Wolters Kluwer • THL. We are having a baby. A guidebook for expectant parents. 2012. Helsinki.: >www.thl.fi/documents/605877/747474/Were_having_a_baby_2012.pdf • E-book (Laurea): De Sevo M.R. 2014. Pediatric nursing. • + extra material pointed by the teacher, material seeked by the student him/herself Part 3. On-line material and links will be available within the on-line course material Part 4. On-line material and links will be available within the on-line course material
Tutoring and communication	This study unit has been divided to 4 parts: Part 1. Patient education, guidance & Non-communicable diseases 6cr (Riikka Mulder & Emma Tamankag) • Compulsory attendance to all part 1. lectures & workshops Part 2. Maternal health nursing and life in different ages 1,5 cr (Jonna Vierula) • Orientation and seminar are mandatory. The student is required to participate in lessons. Part 3. Internal medicine 1,5 cr (on-line) (Riikka Mulder) Part 4. Pharmacology 1.0 cr (on-line) (Mika Alastalo)

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Evaluation criteria and methods	Part 1. Video project and seminar presentation will be evaluated T1- K5, Fail 0 - > extra tasks or exam Part 2. PASS / FAIL / REDO. Orientation and seminar/workshop are mandatory. The student is required to participate in lessons. Part 3. On-line assignments & tasks are evaluated Pass / Fail / Re-do Part 4. On-line assignments & tasks are evaluated Pass / Fail / Re-do. Return dates 10.4.2016, 8.5.2016, 5.6.2016
Work strain	Part 1. 6 cr = 162 hours of student work Lectures 44 hours Video project orientation, filming & seminar 28 hours Independent work 90 hours (inc. on-line assignments) Part 2. 1,5 cr = 40,5 hours of student's work Lectures 16 hours Independent work 24,5 hours Part 3. 1,5 cr = 40,5 hours of student's work Independent on-line work 40,5 hours Part 4. 1 cr = 27 hours of student's work Independent on-line work 27 hours

Learning events

Date	o'clock/at h	Subject	Content	Status	Teachers
18.01.2016	8.30-11.45	Part 1. Orientation to study unit	Study unit schedule available in ASIO-calender. Link: https://tilat.laurea.fi/asio/w/i.php?ca1laurea.at31549807 Compulsory attendance to Orientation class as well as all lectures.	Compulsory	Riikka Mulder, Eemil Tamankag