

Implementation plan Finished

Study unit	Basic Nursing Interventions (R0072), 5.0
Implementation	SNV1511: 1/2015-2016 (24.08.2015 - 23.12.2015)
Type	CLIENT-ORIENTATION AND EVIDENCE-BASED NURSING (R016)
Groups	Primary: SNV215SN Others :
Involved in the project	
Lecturers	Riikka Mulder, Emma Tamankag, Kirsi Coco, Sari Pantzar-Seppälä
Number of participants	Minimum: 15 Maximum: 40
Enrolment period	18.05.2015 08:00 - 31.05.2015
Main timing for implementation	On working days during daytime
Applicability	For exchange students: Yes For elective studies: No Open UAS student: Yes Suitable for virtual UAS: Yes
Teachers	Mulder Riikka (Teacher in charge), Coco Kirsi (Other teacher), Pantzar-Seppälä Sari (Other teacher), Tamankag Emmaculate (Other teacher)
Campus	Laurea Tikkurila
Main location for implementation	At the campus
Implementation method	Optima realization/student group, Web/virtual Language: English Virtuality: 2 cr Integration of R&D: 0 cr
Implementation class	LbD supporting knowledge and skills development
Focus areas	Expertise in nursing and coping at home
Evaluation at the latest	23.01.2016 Storing of graded material ends.: 23.12.2016
Exam days	
Having completed the study unit the student is able to	The student is able to • utilise evidence-based information in decision-making and in nursing care • plan and document the care of a client/patient as a whole and to implement and evaluate the care within basic nursing interventions. • comply with the requirements of data protection and data security in nursing • describe and implement the principles of aseptic technique and the prevention of infections • understand the principles of pharmacotherapy, it's safe planning and drug administration via different administration routes and the significance of the evaluation of pharmacotherapy • understand the basics of nutrition and nutritional care • recognise factors that promote and threaten safety at work and adopts ergonomic working methods in his or her work • perform first aid and is familiar with the system of health care in exceptional circumstances • collect basic laboratory samples and identify laboratory values that deviate from the norm
Previous studies	
Contents	R0072 Basic Nursing Interventions Parts: 1. Basics of nutrition 1 cr (on-line) - Sari Pantzar-Seppälä 2. Basics of medications 1 cr - Riikka Mulder 3. First Aid 0.5 cr- Kirsi Coco 4. Basic nursing interventions 2 cr- Riikka Mulder 5. Geriatrics 0.5 cr (on-line) - Emma Tamankag Part 4. Basic nursing interventions content / subjects: • Asepsis and prevention of infections • Observing breathing and circulation and nursing skills to support oxygenation and circulation

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	- Basics nursing skills re: nutrition and fluid balance - Basic nursing skills re: elimination - Basic laboratory samples (blood, urine and stool) - Assisting with personal hygiene - Prevention of pressure ulcers - Ergonomics - Assessment of pain and the nursing skills in treatment of pain - Caring for dying patient - Caring for aggressive patient
Study material	Part 1. Basics of Nutrition - Course material will be published August 2015 at the same time as course time table is published Part 2. Basics of Medications. - Student Survival Skills : Medicine Management Skills for Nurses. Contributor. Boyd, Claire. Publisher: John Wiley & Sons (E-book, available free of charge via school library. Link will be provided later) - Medicines Management 2010 by Jevon, Philip, Payne, Liz, Higgins, Dan (E-book, available free of charge via school library. Link will be provided later) - Other material will be given during contact hours. Part 4. Basics of Nursing interventions: - FUNDAMENTALS OF NURSING. Concepts, Process, and Practice. Kozier B & Erb, G & Berman, A. Snyder. 7th edition or newer. Pearson, Prentice Ha Part 5. Geriatrics (on-line course) - Course material will be published August 2015 at the same time as course time table is published
Evaluation criteria and methods	Evaluation of Part 2. Basics of medication 1 cr. - Exam; evaluated as Fail 0 - Satisfactory 1 - Good 3 - Excellent 5 Evaluation of Part 4. Basics of Nursing intervention 2 cr. - Exam; evaluated as Fail 0 - Satisfactory 1 - Good 3 - Excellent 5
Work strain	Part 2. Basics of Medication 1 cr = 27 hours of student's work - Lectures 12 hours - Exam 4 hours - Independent study 11 hours Part 4. Basics of nursing interventions 2 cr = 54 hours of student's work - Lectures 28 hours - Exam 4 hours - Independent study 22 hours

Learning events

Date	o'clock/at h	Subject	Content	Status	Teachers
02.09.2015	8.30 - 11.45	4	R0072 – Part 4. Basics of nursing interventions / Mulder / updated 1.9.2015 / RM Wednesday 2.9. at 8.30 – 11.45 Lecture 1. - Orientation to course Thursday 3.9. at 8.30 – 11.45 Lecture 2. - Asepsis and prevention of infections Tuesday 8.9. at 8.30 – 11.45 Lecture 3. - Monitoring Vital signs; BP, pulse, breathing Tuesday 15.9. at 8.30 – 11.45 Lecture 4. - Assisting with personal hygiene and moving (Ergonomics) Thursday 24.9. at 8.30		Riikka Mulder

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				–10.00Lecture 5. - Nutrition, Elimination & fluid balance Thursday 24.9. at 10.15 - 11.45 Job Step - how to apply for practical placement for January 2016 (Compulsory attendance) Tuesday 29.9. at 8.30 - 11.45 "In good spirits" by Chaplainin Kristiina Hannula / updated 28.9. / RM Thursday 8.10. at 8.30 – 11.45 Lecture 6. - Nutrition, elimination & fluid balance cont. Wednesday 21.10. at 8.30 – 11.45 Lecture 7. - Caring for Aggressive patient & managing pain Wednesday 28.10. at 9 - 11.45 Death, dying and supporting the family / Chaplainin Kristiina Hannula / updated 28.8. RM Thursday 10.12. at 8.30 – 11.30 EXAM Compulsory attendance to 1. lecture / orientation.		
10.09.2015	8.30 - 11.45	4		R0072 – Part 2. Basics of medication / Mulder Thursday 10.9. at 8.30 – 11.45 Lecture 1. (Compulsory attendance to the lecture) Wednesday 16.9. at 8.30- 11.45 Lecture 2. Tuesday 20.10. at 8.30 – 11.45 Lecture 3. Monday 26.10. at 8.30 – 11.30 Exam		Riikka Mulder
18.11.2015	12.30 - 15.45	4	Part 3. First Aid -lectures	Wednesday 18.11. at 12.30 -15.45 (Compulsory to all Nursing students) Tuesday 8.12. at 12.30 - 15.45		Kirsi Coco
25.08.2015	12.30-12	30	part 1. Basics of nutrition	This is an on-line course. The course will open in Optima work space Medical Studies Autumn 2015 on 1.10. and tasks and assignments are to be returned by 30.11.2015. / updated 1.9.2015/ RM		Sari Pantzar-Seppälä
25.08.2015	12.30-12	30	Part 5. Geriatrics	This is an on-line course and the time table will be published in August 2015.		Emmaculate Tamankag